



# HAJAR AL NAQSHBANDI

PHD STUDENT

## CONTACT

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- <https://agliotilab.org/lab-staff/phd-students/1st-year/hajar-sinan-hassan-al-naqshbandi#anchor>

## EDUCATION

### 2023 - ongoing LA SAPIENZA UNIVERSITY OF ROME

- PhD in Cognitive Social and Affective Neuroscience

### 2020 - 2022 LA SAPIENZA UNIVERSITY OF ROME

- Master of Cognitive Neuroscience
- 110/110 with honours

### 2013- 2017 UNIVERSITY OF YORK

- Masters of Psychology in Psychology
- High 2.1

## SKILLS

- Attention to detail
- Organisational skills
- Presentation skills
- Teamwork
- Adaptability
- Effective communication
- Critical thinking

## LANGUAGES

- English ●●●●●
- Kurdish ●●●●●
- Arabic ●●●●●
- Italian ●●●●●

## WORK EXPERIENCE

### COGNITIVE SOCIAL AFFECTIVE NEUROSCIENCE LAB

PhD student 2023- 2026

- Theoretical research for project proposal and submission for ethics committee and grant writing
- Project presentations for lab meetings
- Lab meeting organiser
- Attending conferences and seminars
- Data collection, administering and scoring questionnaires, data analysis

### SANTA LUCIA FOUNDATION IRCCS

APRIL-NOVEMBER

Research assistant

2023

- Young researcher scholarship
- Laboratory of Social Neuroscience working on Neurovisceral mechanisms of blood pressure regulation: novel therapeutic targets for borderline hypertension
- Project proposal, participant recruitment, data collection, data analysis
- Magnetic Resonance Safety Training Course

### AGLIOTI LAB SOCIAL AND COGNITIVE NEUROSCIENCE

Research assistant

MARCH-JULY

2022

- Data collection
- Learning and administering tasks to measure interoception; water-load task and heartbeat counting task

### JOEL NAFUMA REFUGEE CENTRE

DECEMBER 2017-

Counselling and Psychotherapy Team

MARCH 2019

- Assist service users through therapeutic practices: active listening, empathy, acceptance, witnessing & containment
- Used following approaches: mindfulness, storytelling and metaphors
- Liaised with NGOs to build a network of support to help meet the basic needs of service users: housing, jobs and food

### UNIVERSITY OF YORK

JUNE-AUGUST

Research assistant

2015

- Participant recruitment
- Data collection & handling

## PUBLICATIONS & CONFERENCES

·Salaris, A., Pietrarota, C., Grimaldi, R., Al Naqshbandi, H., Ottaviani, C., Porciello, G., The role of pain, acute stress and interoception in patients with borderline hypertension - SIPF; Società Italiana di Psicofisiologia e Neuroscienze Cognitive  
·Ottaviani, C., Salaris, A., Provenzano, L., Al Naqshbandi, H., Grimaldi, R., Yucel, S., Basile, B., Mattei, E., Porciello, G., Examining the role of interoceptive abilities in blood pressure-related hypoalgesia—American Psychosomatic Society annual meeting

## REFERENCE

Available upon request