

PERSONAL INFORMATION

**Serena Bruno**

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EDUCATION AND TRAINING

- Year 2024 **Enrollment in the School of Psychotherapy for Adolescents and Young Adults with a psychodynamic orientation (SPAD).**
- Year 2023 **Enrollment in Section A of the Psychologists Register of Lazio**
n. 28705
- Year 2022 **Qualification for the Profession of Psychologist (Register A)**
University of Rome Sapienza, Faculty of Medicine and Psychology.
Score: 100/100.
Ph.D in Dynamic and Clinical Psychology
University of Rome Sapienza, Faculty of Medicine and Psychology - Department of Dynamic and Clinical Psychology – XXXVIII Cycle
Tutor: Prof. Patrizia Velotti
- Year 2021 **Master's Degree (LM-51)**
University of Rome Sapienza, Faculty of Medicine and Psychology. Thesis: "Phenomenology of Suicide: The Experience of Corporeality as a Meta-symbolic Expression in Clinical Practice." Score: 110/110 with honors.
- Year 2021 **Path of Excellence**
University of Rome Sapienza
Tutor: Prof. Patrizia Velotti
Project for the Italian validation of qualitative measures for the evaluation of social anxiety regulatory strategies (SERI; ERI).
- Year 2019 **Bachelor's Degree (L-24)**
University of Palermo
Degree Course: Psychological Sciences and Techniques
Bachelor Thesis: "Listening to Minors in Psycholegal Contexts."
Score: 110/110 with honors

PROFESSIONAL EXPERIENCE

2022

Reviewer

- PLOS ONE Editorial Manager
- Psychiatry Investigation
- Frontiers in Psychology

Facilitator for psychoeducational workshops focused on learning

Cooperative Rifornamento in Volo, Rome

Psychoeducational service aimed at preadolescents and adolescents. The objectives include increasing autonomy, managing and organizing aspects related to learning, study and motivation, and developing appropriate and functional behavioral styles. To achieve these goals, the service also includes intra-family educational mediation interventions aimed at parents.

Dal 2021

DSA Tutor

Study support, assistance in planning and organizing educational materials and study methods. Strategic and creative support work carried out with adolescents with and without specific learning disorders (DSA) and special educational needs (SEN).

INTERNSHIPS AND OTHER
TRAINING ACTIVITIES

2023

Seminar "GDPR and Psychological Research: Legal Guidelines in Dialogue with the AIP Ethics Committee"

Promoted by the ethics committee of the Italian Association of Psychology (AIP) on December 14, 2023.

Winner of the University Grant for Research 2023 (263/2023)

progetto per avvio alla Type 1 research project entitled "Cultural adaptation study of the Core Extrusion Schema measure: validity and reliability of the Italian Version," announced by the University of Rome, La Sapienza.

Winner of a scholarship for the incentivization of tutoring activities

For didactic-integrative, propaedeutic, and recovery activities, lasting 75 hours, announced by the University of Rome, La Sapienza.

Training Event "The Basics of R Studio Statistical Software"

Training seminar on: functioning of R studio, packages, database and variable management, descriptive statistics, Path Analysis and Structural Equation Model (SEM) with Dr. James Dawe, PhD at the University of Rome Sapienza on June 20, 2023.

Training Event "Internet and Video Game Addiction"

Organized by Dr. Fabiola Ferrentino at the Neomesia Institute of Neuroscience (RM) on March 19, 2023.

Encoding according to the Metacognitive Assessment Scale 7th version

On transcripts of the Indiana Illness Psychiatric Interview, training course on cognitive functions, encoding of the MAS applied to transcripts of semi-structured interviews developed from the Indiana Illness Psychiatric Interview with Dr. Guyonne Camille Rogier on March 10, March 17, and March 31, 2023.

Workshop on The role of personality in people's well-being

Training seminar on personality and mental well-being with Prof. Alberto Danilo Garcia, PhD at the University of Rome Sapienza on February 7, 2023.

2022

Sapienza Training on Soft Skills for Young Researchers

- Main European funding programs on November 14, 2022;
- Open Access to publications and research data - Bibliometric Sectors on November 16, 2022;
- Databases and digital tools to support Research available at Sapienza on November 22, 2022;
- Communication and scientific dissemination on November 24, 2022;
- IRIS Publications Catalog: purposes and usage methods on December 6, 2022.

Workshop on Design and Analysis of Dyadic Longitudinal Studies

Training on the analysis of dyadic longitudinal studies with exercises on the use of MPLUS software with Prof. Nail Bolger, PhD at the University of Rome Sapienza on November 23-24, 2022.

Postgraduate Internship (Semester II)

500 hours, for the general psychology sector, at the "Department of Dynamic-Clinical Psychology" of Sapienza University of Rome. Internship objectives: consolidation of theoretical and practical skills acquired; data entry and processing for research purposes; systematic literature reviews and meta-analyses; administration of semi-structured interviews. From March to September 2022.

Postgraduate Internship (Semester I)

500 hours, for the clinical psychology sector, at the "Freudian Institute for Clinical, Therapy and Science" in collaboration with the clinical center Ce.Cli, the association Il Cortile and the socio-assistential daytime center Casaciampa. Internship objectives: consolidation of theoretical and practical skills acquired; knowledge of psychosocial intervention areas; demand analysis, intake interviews; participation in team supervisions, participation in clinical meetings on children with DSA, participation in clinical meetings on psychiatric adults. From September 2021 to March 2022.

Psychopathological Diagnosis in Developmental Age through K-SADS-PL DSM5

Training enabling for administering the K-SADS-PL with Dr. Maria Pontillo. ReTe-Institute of neuropsychiatry research and therapy in developmental age, Rome on June 10, 2022.

Tutor in Action: Tools and Practical Methodologies for DSA Tutors (XI edition)

Professionalizing course for the training of DSA tutors with Dr. Federica Iurcovich and Dr. Giovanni Masciarelli. Trasversale SRL & Logogen, Rome from March to June 2022.

- 2021 **Training Seminar on Writing Scientific Papers (III edition)** Corso di formazione e Training course on scientific paper writing with Dr. Guyonne Rogier and Prof. Patrizia Velotti. University of Rome Sapienza, from October to December 2021.

Winner of the University Grant for the Excellence Path 2021

Supplementary path with additional training activities to those of the study course. Collaboration on the research project: "Emotion Regulation Strategies: Italian validation of qualitative research tools." Administration of Semi-structured emotion regulation interview (SERI), Emotion regulation Interview (ERI). Excellence path with Prof. Patrizia Velotti, University of Rome Sapienza, March - July 2021.

- 2020 **Risks in Healthcare Facilities**

General and specific training course promoted by the University of Rome Sapienza, February 2020.

Collaboration on the Research Project "Collection and Processing of Texts on the Representation of Covid-19 by Mass Media"

Research project aimed at understanding the social and cultural representations of the Covid-19 pandemic through the T-LAB analysis of texts. Professional Training Activities (AFP) with Professor Sergio Salvatore, University of Rome, May-June 2020.

Training Internship

Participation in team work, assisting in counseling and Reality Orientation Therapy (ROT), participation in circle time and expressive workshops with geriatric patients with dementia and Alzheimer's at Sereni Orizzonti Geriatric Institute, Palermo, March 2020.

2019 Pre-Bachelor's Degree Internship

150 hours at the clinical center - childhood area Institute Tolman, Palermo (PA).

Internship objectives: Understanding of services and user needs; user reception experience; clinical framing.

CONGRESSES

2023

International Congress of Suicidology and Public Health XXI edition: past, present, and future - putting the individual at the center (September 12-13, Rome) participation with E-poster titled "The pathway from dissociative experiences to suicide-related outcome: the sign of emotion dysregulation" (**Bruno S.**, Velotti P.).

XXIII National Congress of the Italian Psychological Association (AIP) Clinical and Dynamic Psychology Section (September 14-17, Florence) participation in the symposium titled "Emotion regulation in clinical settings" (Proposer P. Velotti; Discussant B. Farina) with the contribution titled "The mind-body disconnection as an expression of dysregulation: the role of positive and negative emotions" (**Bruno S.**, Tacchino C.).

XXIII National Congress of the Italian Psychological Association (AIP) Clinical and Dynamic Psychology Section (September 14-17, Florence) participation in the symposium titled "Behavioral addictions: towards an integrative understanding" (Proposer S. Casale; M. Di Blasi; Discussant Valentina Brousier) with the contribution titled "A pathway to understand new behavioral addiction: psychopathological facets underlying love addiction" (Cavalli, R.G., **Bruno, S.**, & Velotti, P.).

23RD WPA World Congress of Psychiatry (28-1 October, Wien) participation in Short Oral Communication titled "A systematic review of impulsive facets in suicidal ideation and attempts" (Bruno S., Anconetani G., Rogier G., Velotti P.) and titled "Narrative analysis of an online psychotherapy group" (**Bruno, S.**, Mastropietro, I., Todini, L., Cavalli, R., Abate, R., Velotti, P.).

23RD WPA World Congress of Psychiatry (28-1 October, Wien) participation in Short Oral Communication titled "Environmental disasters: a systematic review of the psychological consequences of a disaster setting" (Abate R., **Bruno S.**, Rogier G., Velotti P.).

RID + RID4F Three years of Rid: What has research taught us about dialogue? (December 18, 2023, Rome) participation in Open Talk titled "Mind-body disconnection: the role of emotion dysregulation" (**Bruno S.**, Velotti P.).

PUBLICATIONS

2023

Bruno, S., Andreassi, S., Ballarotto, G., Carola, V., Cimino, S., Ciocca, G., Cordella, B., Di Trani, M., Galli, F., Lai, C., Langher, V., Limoncin, E., Tomai, E., Velotti, P. (2023). Suicide related outcome among prison inmates: an umbrella review of systematic literature reviews. *Criminal Justice and Behavior* (under review).

Velotti, P., **Bruno, S.**, Rogier, G., Beomonte Zobel, S., Vacchino, M., Kosson, D.S. Psychopathy and Impairments in Emotion Regulation: A Systematic Review and Meta-analysis. *Clinical Psychology Review* (under review).

Bruno, S., Anconetani, G., Rogier, G., Del Casale, A., Pompili, M., & Velotti, P. (2023). Impulsivity traits and suicide related outcomes: A systematic review and meta-analysis using the UPPS model. *Journal of Affective Disorders*. [DOI: 10.1016/j.jad.2023.07.086]

Beomonte Zobel, S., **Bruno, S.**, Torru, P., Rogier, G., Velotti, P. (2023) Investigating the Path From Non-Suicidal Self-Injury to Suicidal Ideation: The Moderating Role of Emotion Dysregulation. *Psychiatry Investigation*. <https://doi.org/10.30773/pi.2022.0338>

2022

Cavalli R.G., **Bruno S.** (2022) "Positive and negative emotion dysregulation in love addiction" Book of Abstract. 30° Congresso dell'Associazione Italiana di Psicologia. ISBN:9788869383168

VOLUNTEERING

October 2021 - September 2022

Mental Health Department ASL-Roma 2

International Foundation Don Luigi Di Liegro Onlus
 Training and research activities aimed at clinical observation of patients with psychopathology (behavioral addictions, substance and alcohol use disorders, mood disorders) with Dr. Alessandro Vento.

September 2021 - January 2022

International Women's House

Listening service, welcoming women in conditions of psychological, social, and work-related difficulties; team work, documentation archiving services; orientation to mental health facilities.

PERSONAL SKILLS

Mother Tongue: Italian

Other Languages:

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Interaction	Oral Production	
English	B2	B2	B1	B1	B2

Levels: A1/2 Basic Level - B1/2 Intermediate Level - C1/2 Advanced Level
 Common European Framework of Reference for Languages

Professional Skills

- Excellent knowledge of the Psychodynamic Diagnostic Manual (PDM Task Force, 2006).
- Excellent knowledge of the Diagnostic and Statistical Manual of Mental Disorders DSM-5 (APA, 2013), and DSM-IV-TR (APA, 2000).
- Excellent skills in constructing ad hoc tools and batteries.
- Excellent skills in administering Self-Report instruments and interviews such as Indiana Illness Psychiatric Interview; Infertility History Interview; Semi-structured Emotion Regulation Interview (SERI); Emotion Regulation Interview (ERI); Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS-PL).
- Excellent skills in using the Metacognitive Assessment Scale (MAS).

Computer Skills

- Excellent command of Statistical Package for Social Science (SPSS-IBM).
- Excellent command of Comprehensive Meta Analysis (CMA) software.
- Very good command of G*Power software.
- Very good command of Zotero bibliographic management software.
- Very good command of Psychometrica software.
- Very good command of the Windows operating system.
- Very good command of the Microsoft Office Suite package.
- Excellent competence in using databases and online libraries.
- Excellent skills in bibliographic research.
- Excellent skills in constructing research protocols.
- Excellent skills in statistical analysis.

Driving License: B

I authorize the processing of my personal data included in the CV in accordance with Article 13 of Legislative Decree No. 196 of June 30, 2003, "Personal Data Protection Code," and Article 13 of GDPR Regulation (EU) 2016/679.

A handwritten signature in black ink, appearing to read "Serena Bruno", written in a cursive style.

Rome, 30/10/2023