



Jessica Leonardi

**WORK  
EXPERIENCE**

- 
- 2022/2023- to date **PhD student in Dynamic and Clinical Psychology**  
Department of Dynamic and Clinical Psychology, and Health Studies  
"Sapienza" University of Rome (Italy)
- 2019 – to date **Subject Expert**  
Teaching of Dynamic Psychology - Prof. Francesco Gazzillo  
"Sapienza" University of Rome (Italy)
- 01/2015- to date **Clinical Psychologist and Psychotherapist**  
Individual psychotherapy for adults and young adults
- 03/2019 – 11/2022 **Psychotherapist in training in Clinical Psychology**  
Psychological Counselling Center, " Sapienza" University of Rome (Italy)  
Counselling sessions for adults and young adults

**EDUCATION AND  
QUALIFICATION**

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- 2022/2023- ongoing **PhD in Dynamic and Clinical Psychology**  
Department of Dynamic and Clinical Psychology, and Health Studies  
"Sapienza" University of Rome (Italy)
- 01/2019- 11/01/2023 **Psychotherapy Training in Clinical Psychology**  
"Sapienza" University of Rome (Italy)  
Summa cum laude

- 29/01/2015 Licensed Clinical Psychologist of Emilia- Romagna (Section A)  
N° 7991
- 11/2014 Qualification to the profession of Psychologist  
University of Padua
- 10/2011- 07/2013 Master's Degree in Dynamic and Clinical Psychology of Childhood,  
Adolescence and Family  
"Sapienza" University of Rome (Italy)  
Summa cum laude

## INTERESTS AND ACTIVITIES

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My main research interests are linked to psychoanalysis, Control- Mastery Theory, and their application in clinical work. I am particularly interested in psychotherapy process and outcome.

## PUBLICATIONS

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1. Leonardi, J., Fimiani, R., Faccini, F., Gorman, B.S., Bush, M., Gazzillo, F. (2020). An empirical investigation into pathological worry and rumination: guilt, shame, depression, and anxiety. *Psychology Hub*, XXXVII, 3, 31-42.
2. Gazzillo, F., Leonardi, J., Bush, M. (2021). Pathological worry and rumination according to Control Mastery Theory. *Psychoanalytic Psychology*, 38(4), 254–265.
3. Leonardi, J., Gazzillo, F., Dazzi, N. (2021). The Adaptive Unconscious in Psychoanalysis. *The International Forum of Psychoanalysis*. Advance online publication.
4. Fimiani, R., Leonardi, J., Gorman, B.S., Gazzillo, F. (2021). Interpersonal guilt, impostor phenomenon, depression and anxiety. *Psychology Hub*, XXXVIII, 2, 31-40.
5. Leonardi, J., Gazzillo, F., Gorman, B. S., Kealy, D. (2022). Understanding interpersonal guilt: Associations with attachment, altruism, and personality pathology. *Scandinavian Journal of Psychology*, 63(6), 573-580.
6. Fimiani, R., Gazzillo, F., Gorman, B.S., Leonardi, J., Biuso, G.S., Rodomonti, M., Mannocchi, C., Genova, F. (2022). The therapeutic effects of the therapists' ability to pass their patients' test in psychotherapy. *Psychotherapy Research*, 33(6), 729-742.
7. Gazzillo, F. & Leonardi, J. (2023). Burdening guilt: theoretical and clinical features. *The International Forum of Psychoanalysis*. Advance online publication.
8. Leonardi, J., Gazzillo, F., Gorman, B.S. & Bush, M. (2023). Assessing burdening guilt and its correlates. *Psychodynamic Psychiatry*, 51(4), 479-499.

9. Fiorenza, E., Crisafulli, V., Carpentieri, R., De Luca, E., Di Filippo, C., La Stella, M., Leonardi, J., Mannocchi, C., Rodomonti, M., Rosi, L.; Santodoro, M., Gazzillo F. (2023). Vicious Relational Circles and Chronic Couple Conflictuality: An Empirical Study. *Journal of Contemporary Psychotherapy*. Advance on line publication.

#### **CHAPTER IN BOOK:**

1. Analisi delle difese ed emergere di contenuti mentali segregati: uno studio empirico (1972), trad. it. Jessica Leonardi, In Gazzillo, F., Dazzi, N. (2021) (a cura di), *Joseph Weiss e la Control Mastery Theory*, Roma: Carocci Editore.

2. Sull'identificazione di contenuti mentali segregati: un contributo empirico e metodologico (1975), trad. it. Jessica Leonardi, In Gazzillo, F., Dazzi, N. (2021) (a cura di), *Joseph Weiss e la Control Mastery Theory*, Roma: Carocci Editore.