

Camila Contreras Villegas

PhD Student in Psychology and Social Neuroscience

Sapienza Università di Roma

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1. EDUCATION

Sapienza Università di Roma

(2024-Present) PhD Student in Psychology and Social Neuroscience

Pontificia Universidad Católica de Chile

(2020) Licentiate in Psychology

(2020) Professional Title in Psychology (Social-Community Psychology Specialization).

2. RESEARCH EXPERIENCE

Positions held

(2021-Present) Full time research assistant.

(2022-2024) Full time Lab Manager in P. Universidad Católica de Chile Social Psychology Lab.

(2017-2020) Part-time research assistant.

Project participation at Personality Development and Intervention Lab, Sapienza Università di Roma, Italy.

(2024-Present) "Promoting Social Inclusion and Psychological Well-being through Prosocial Functioning: From an Ecological-Causal Perspective to Intervention Design" (PRIN: Research Projects of Significant National Interest – 2022 Call for PNRR Proposals, Prot. 2022C7N58K)

(2024-Present) "Let's Speak Up! Understanding the impact of Online-Hate Speech on adolescents' daily life". (PRIN: Research Projects of Significant National Interest – 2022 Call for PNRR Proposals, Prot. P2022BKBCA)

Project participation in Prof. Gloria Jiménez-Moya Lab, P. Universidad Católica de Chile, Chile.

(2024-Present) "Promoting gender equality in the school context: the role of social norms and self-efficacy" (Fondecyt N°1240064).

(2021-2023) "How is gender inequality perpetuated in the school context? Explanatory mechanisms and their relationship with school variables".

(2021-2022) "Integration of the gender approach in mental health care with women victims of violence in Chile" in collaboration with Fernanda De La Fuente (P. Universidad Católica de Chile).

(2020-2023) "Act against of prejudice: The motivations underlying the punishment of transgressions" (Fondecyt N°11191148).

- (2019-2020) "ProGénero: Proposal for an intervention to promote gender equity in school contexts". (Supported by grant Fondap N°15130009).
- (2017-2019) "How confronting prejudice affects social relationships" (Fondecyt N°3160165).

Project participation in Prof. B. Paula Luengo-Kanacri Lab, P. Universidad Católica de Chile, Chile.

- (2024-2025) "A convivir se aprende" ("Learning to live together").
- (2021-2023) "From prosocial behaviours to social cohesion: mechanisms and processes of a model for promoting citizenship for diversity" (Fondecyt N°1191692).

Project participation in Prof. Roberto González Social Psychology Lab, P. Universidad Católica de Chile, Chile.

- (2023-2024) "Migration, attitudes and Solidarity in Times of Crisis" in collaboration with Jessica Gale and Eva G. T. Green (University of Lausanne, Switzerland).
- (2022-2024) "Living together in diversity: the role of norms and contact opportunities in promoting social cohesion in multicultural neighbourhoods" (Fondecyt N°1201788)
- (2022-2023) "Do identity motives predict populism in both economic distress and cultural backlash patterns? A cross-cultural study in five different political contexts" in collaboration with Efsio Manunta (Université de Toulouse, France).
- (2022-2023) "Change we can believe in": How fostering beliefs about group malleability can contribute to conflict resolution in the South of Chile" (Fondecyt N°3190746) in collaboration with Maria Chayinska (University of Messina, Italy).
- (2021-2022) "Impact evaluation of the sexual violence prevention policy at PUC"

3. PUBLICATIONS

Manunta, E., Becker, M., Vignoles, V. L., Bertin, P., Crapolicchio, E., **Contreras, C.**, Gavreliuc, A., González, R., Manzi, C., Salanova, T., & Easterbrook, M. J. (2024). Populism, Economic Distress, Cultural Backlash, and Identity Threat: Integrating Patterns and Testing Cross-National Validity. *Personality and Social Psychology Bulletin*, 0(0). <https://doi.org/10.1177/01461672241231727>

Livingstone, A. G., Bedford, S. L., Afyouni, A., Vu, N., Kapantai, I., Makanju, D., Chayinska, M., González, R., Carozzi, P., **Contreras, C.**, Byrne, S., Guy, J., King, L., Lo, C. H. C., Pearson, H., & Tapp, C. (2024). You get us, so you like us: Feeling understood by an outgroup predicts more positive intergroup relations via perceived positive regard. *Journal of Personality and Social Psychology*. Advance online publication. <https://doi.org/10.1037/pspi0000434>

Contreras, C., Rivas, J., Franco, R., Gómez-Plata, M., & Luengo-Kanacri, B. (2023). Digital media use on school civic engagement: A parallel mediation model. *Comunicar*, 75, 91-102. <https://doi.org/10.3916/C75-2023-07>

Jiménez-Moya, G., Paz, S., del Río, M. & **Contreras, C.** (2023). Normas sociales y mecanismos que reproducen la desigualdad de género en el contexto educativo. In Carvacho, H., Flores, B., Jiménez-Moya, G., Jirón, P., Olivares, F., and Reyes-Housholder, C. (Eds.). *Tejiendo rutas: perspectivas para un Chile con equidad de género*. Fondo de Cultura Económica.

Jiménez-Moya, G., Carvacho, H., Álvarez-Werth, B., **Contreras, C.** & González, R. (2022). Is support for feminism enough? The role of sexism and gender stereotypes in hindering gender justice. *Frontiers in Psychology*, 13, 912941. <https://doi.org/10.3389/fpsyg.2022.912941>

Jiménez-Moya, G., **Contreras, C.**, del Río, M., & Paz, S. (2022). ¿Seguir al colegio o a los pares? El efecto de las normas sociales en las actitudes hacia la desigualdad de género. *Calidad en la Educación*, (57), 44-66. <https://doi.org/10.31619/caledu.n57.1223>

Jiménez-Moya, G., Rodríguez-Bailón, R., Spears, R., Lemus, S., & **Contreras, C.** (2022). Dealing with (legitimized) inequality: The role of ingroup support to resist social disadvantage. *Psykhē*. <https://doi.org/10.7764/psykhe.2021.38671>

PUBLICATIONS (ACCEPTED, UNDER REVIEW AND IN PREPARATION).

Manunta, E., Easterbrook, M., Vignoles, V., Bertin, P., Crapolicchio, E., **Contreras, C.**, Gavreliuc, A., González, R. & Manzi, C. (Under review). The POPulist Thin Ideology Scale (POP-THIS) in Five Countries: A Cross-Cultural Validation.

Barrero-Toncel, V.I., Cirimele, F., Colasante, T., Zuffianò, A., Pastorelli, C., Malti, T., **Contreras, C.** & Gerbino, M. (In preparation). The codevelopment of guilt feelings and prosocial behaviors from adolescence to emerging adulthood.

Contreras, C., Carozzi, P., González, R., Jiménez-Moya, G., Carvacho, C., & Manzi, J. (In preparation). "It is not enough to support the movement": The role of self-efficacy in fostering participation in collective actions over time.

4. CONFERENCE PRESENTATIONS

Contreras, C., Luengo-Kanacri, B. P., Barrero Toncel, V. I., & Pastorelli, C. (2025). Building Empathy Through Gender-Equal Peer Self-efficacy: Evidence from Chilean Adolescents [Poster presentation]. International Congress on the Centenary of Albert Bandura, Rome, Italy.

Barrero Toncel, V. I., Cirimele, F., Gerbino, M., Remondi, C., **Contreras, C.**, Zuffiano, A., & Pastorelli, C. (October, 2025). Empathic self-efficacy and guilt feelings from adolescence to young adulthood: a longitudinal study [Poster presentation]. International Congress on the Centenary of Albert Bandura, Rome, Italy.

Di Brango, N., Corbelli, G., **Contreras, C.**, Barrero Toncel, V. I., Fu, Y., Gerbino, M., Zuffiano, A., & Pastorelli, C. (October, 2025). Understanding Psychological Factors in Bullying and Cyberbullying: A Psychometric Network Approach [Poster presentation]. International Congress on the Centenary of Albert Bandura, Rome, Italy.

Di Brango, N., Manfredi, L., Beolchini, E., Fu, Y., & **Contreras, C.** (October, 2025). The relation between prosocial behavior and psychological well-being: an intensive longitudinal study [Poster presentation]. International Congress on the Centenary of Albert Bandura, Rome, Italy.

Virzì, A. T., Manfredi, L., Gregori, F., Di Brango, N., Barrero Toncel, V. I., **Contreras, C.**, Fu, Y., & Zuffiano, A. (October, 2025). Self-esteem and Perceived Empathic Self-Efficacy: Dynamics Relations in Italian Young Adults [Poster presentation]. International Congress on the Centenary of Albert Bandura, Rome, Italy.

Caldaroni, S., Beolchini, E., Barrero Toncel, V. I., Paz Quilodrán, V., Luengo Kanacri, P., Lundie, D., Jónsson, Ó., Camps, D., Guttesen, K., Di Brango, N., Fu, Y., **Contreras, C.**, & Gerbino, M. (August, 2025). The Reciprocal Relationship Between Daily Pro-Environmental Behaviors and Environmental Self-Identity:

A Daily Diary Study on Italian Adolescents [Oral presentation]. 22nd European Conference on Developmental Psychology (ECDP), Vilnius, Lithuania.

- Di Brango, N., Corbelli, G., Virzì, A. T., **Contreras, C.**, Verbena, S., Fu, Y., Mariotto, M., Ioverno, S., Palladino, B. E., & Zuffiano, A. (August, 2025). Psychological Factors Influencing Adolescents' Willingness to Counteract Online Hate Speech: The Role of Empathy, Self-Efficacy, and Meaning in Life [Oral presentation]. 22nd European Conference on Developmental Psychology (ECDP), Vilnius, Lithuania.
- Barrero Toncel, V. I., Cirimele, F., Gerbino, M., Remondi, C., **Contreras, C.**, & Pastorelli, C. (August, 2025). Guilt feelings and prosocial behavior from adolescence to young adulthood [Oral presentation]. 22nd European Conference on Developmental Psychology (ECDP), Vilnius, Lithuania.
- Di Brango, N., Corbelli, G., **Contreras, C.**, Barrero Toncel, V. I., Fu, Y., Gerbino, M., Zuffiano, A., & Pastorelli, C. (August, 2025). Understanding psychological factors in bullying and cyberbullying: A psychometric network approach [Poster presentation]. WORKSHOP PRIN 2022 – Competenze socio-emotive nei contesti educativi: un confronto tra ricerca e territorio, Rome, Italy.
- Di Brango, N., Manfredi, L., Beolchini, E., Fu, Y., **Contreras, C.**, & Palladino, B. E. (August, 2025). The relation between prosocial behavior and psychological well-being: An intensive longitudinal study [Poster presentation]. European Developmental Psychology Conference, Vilnius, Lithuania.
- Contreras, C.**, Jiménez-Moya, G., del Río, M., & Paz, S. (July, 2023). *Follow school or peers? The effect of social norms on attitudes towards gender inequality*. [Panel presentation]. International Winter School: "Inequalities in Latin America: gaps to close and roads to open. Towards an integral vision of development", Social-One, Psy-Com, USAL, MPPU, Inst. Uni. Sophia, Buenos Aires, Argentina.
- Manzi, J., **Contreras, C.**, Carvacho, H., Eguiluz, S., Jimenez-Moya, G., & Gonzalez, R. (July, 2023). *Stability and change in collective action over time: evidence from Chile*. [Panel presentation]. Annual Meeting Conference International Society of Political Psychology (ISPP), Montreal, Canada.
- Carvacho, H., **Contreras, C.**, Manzi, J., Eguiluz, S., Jimenez-Moya, G., & Gonzalez, R. (July, 2023). *The transition to radical collective action participation. A panel study with Chilean students involved in the social unrest of October 2019*. [Panel presentation]. Annual Meeting Conference International Society of Political Psychology (ISPP), Montreal, Canada.
- Manunta, E., Becker, M., Vignoles, V.L., Bertin, P., Crapolicchio, E., **Contreras, C.**, Gavreliuc, A., González, R., Manzi, C. & Salanova T. (July, 2023). *A Model of Populism in Five Liberal Democratic Contexts: Integrating Economic Distress, Cultural Backlash, and Identity Threat*. [Panel presentation]. Annual Meeting Conference International Society of Political Psychology (ISPP), Montreal, Canada.
- Contreras, C.**, González, R., Carozzi, P., González, R., Jiménez-Moya, G., Carvacho, C., & Manzi, J. (July, 2022). *"It is not enough to support the movement": The role of self-efficacy in fostering participation in collective actions over time* [Panel presentation]. Annual Meeting Conference International Society of Political Psychology (ISPP), Athens, Greece.
- Carozzi, P., **Contreras, C.**, González, R., Jiménez-Moya, G., Carvacho, C., & Manzi, J. (July, 2022). From conventional to radical collective action participation: the mediating role of anger and nothing-to-lose beliefs [Panel presentation]. Annual Meeting Conference International Society of Political Psychology (ISPP), Athens, Greece.
- Contreras, C.**, Rivas, J., Franco, R., Gómez, M., & Luengo-Kanacri, P. (November, 2021). *Digital media and school civic engagement: A parallel mediation model* [Panel presentation]. VIII International Conference 2021 "Social Cohesion in Turbulent Times", Centre for Social Conflict and Cohesion Studies (COES), Santiago, Chile.
- Contreras, C.**, Jiménez-Moya, G., & González, R. (January, 2019). *A strategy for inclusion: Confronting prejudice and its relation to evaluative concerns*. [Poster presentation]. International Summer School: Human Development for all: Social science in dialogue for Inclusive Society, Centre for Social Conflict and Cohesion Studies (COES), Cunaco, Chile.

5. TEACHING

Teaching

(2026) Guest Lecturer, Analysis of Variance (ANOVA), School of Research Methods, Department of Psychology, Pontificia Universidad Católica de Chile.

(2026) Guest Lecturer, Mediation and Moderation Analysis, School of Research Methods, Department of Psychology, Pontificia Universidad Católica de Chile.

Teaching assistant at the Faculty of Social Sciences (P. Universidad Católica de Chile)

(2020) Gender Inequality: Antecedents and Psychosocial Consequences (Dr. Gloria Jiménez-Moya).

(2020) Individual and Society (Dr. Marianne Daher).

(2019) Gender and inequality: Causes, consequences, and current challenges (Dr. Gloria Jiménez-Moya).

(2018) Social Psychology (Dr. Gloria Jiménez-Moya).

(2018) Developmental Psychology II (Dr. B. Paula Luengo-Kanacri).

(2017-2019) Research Methodologies (Dr. B. Paula Luengo-Kanacri).

6. GRANTS

(2025) International Mobility Grant for a research stay at the University of Amsterdam (UvA, The Netherlands), awarded by Sapienza University of Rome. Supervisor UvA: Prof. Fenella Fleischmann.

(2023) Travel grant to present in the International Winter School: "Inequalities in Latin America: gaps to close and roads to open. Towards an integral vision of development", Social-One, Psy-Com, Movimiento Políticos por la Unidad (MPPU), Universidad del Salvador (USAL) e Instituto Universitario Sophia, Buenos Aires, Argentina.

(2019) Travel grant to present in the International Summer School: Human Development for all: Social science in dialogue for Inclusive Society. Financed by Center for Social Conflict and Cohesion Studies (Fondap N°15130009).

7. SPECIAL COURSES AND ACADEMIC EVENTS

(2026) Methodological Summer School: Longitudinal Methods, Pontificia Universidad Católica de Chile, Santiago, Chile.

(2025) ISPP Summer Academy. International Society of Political Psychology. Prague, Czech Republic.

(2023) International Winter School: "Inequalities in Latin America: gaps to close and roads to open. Towards an integral vision of development", Universidad del Salvador (USAL) e Instituto Universitario Sophia, Buenos Aires, Argentina.

(2019) International Summer School: Human Development for all: Social science in dialogue for Inclusive Society. Center for Social Conflict and Cohesion Studies, Cunaco, Chile.

8. PROFESSIONAL EXPERIENCE

- (2021-2024) Program Coordinator, UC Interculturality Program.
- (2022-2023) Assistant of the president, International Society of Political Psychology, ISPP.

9. FIELD EXPERIENCE

- (2024) **Volunteer, Petershof, Germany.**
Assistance in feeding programme for migrants, refugees, homeless in Duisburg.
- (2019) **Internship, TECHO NGO, Chile.**
Diagnosis of the dynamics and relationships between neighbours and their priorities. Design an intervention to develop better coexistence, communication and fluidity in their internal organization.
- (2018) **Intern of Learning and Service, Escuela Pública Comunitaria, Chile.**
Free school where volunteer taught adults who did not graduate from high school.
- (2016-2017) **Tutor, Par Tutors Program at College UC, Chile.**
Accompany first year students in their insertion into university life, both academically and personally.

10. ADDITIONAL INFORMATION

Softwares: SPSS, MPlus, R Studio, Qualtrics, M-Path.

Membership: International Society of Political Psychology (ISPP), International Society for the Study of Behavioral Development (ISSBD).

Orcid: <https://orcid.org/0000-0001-7319-8044>

Google scholar: <https://scholar.google.de/citations?user=tRyJYdsAAAAJ&hl=es&oi=sra>

Languages: Spanish (native), English (proficient), Italian.

References available on request.

April 2026.