



Lilian Zotti

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WORK EXPERIENCE

[2024 – Current]

Psychologist

[2021 – Current]

DSA and BES Tutor

City: Roma

Country: Italy

I carry out home support for children and adolescents diagnosed with ASD or ADHD. My task is to help them find their own study method and encourage them to develop organizational skills.

[Nov 2023 – Dec 2023]

Teacher training course OEPAC

ESSEMME SOC. COOP.

Teaching Assignment - COURSE: EDUCATIONAL OPERATOR FOR AUTONOMY AND COMMUNICATION (OEPAC)

- Fundamentals of developmental psychology
- Fundamentals of special education
- Pathologies and disabilities types and traits: sensory, motor, functional, mental deficits

PUBLICATIONS

[Prismatic adaptation coupled with cognitive training as novel treatment for developmental dyslexia: a randomized controlled trial.](#)

Conte G, Quadrana L, Zotti L, Di Garbo A, Oliveri M. Prismatic adaptation coupled with cognitive training as novel treatment for developmental dyslexia: a randomized controlled trial. *Sci Rep.* 2024 Mar 26;14(1):7148. doi: 10.1038/s41598-024-57499-9. PMID: 38531968; PMCID: PMC10965979.

Assessment Psicodiagnostico in Adolscenze, guida pratica alla consultazione testologica

QUADRANA L., ZOTTI L., a cura di., 2024. *Assessment Psicodiagnostico in Adolscenza, guida pratica alla consultazione testologica.* 1° ed. Italia: Franco Angeli.

CONFERENCES AND SEMINARS

POSTER: ESCAP 2023 20th International Congress of the European Society for Child and Adolescent Psychiatry, Copenhagen

The challenging relationship between Factitious Disorder Imposed on Another (FDIA) and Autism Spectrum Disorder: a pediatric case.

PROJECTS

Prismatic adaptation coupled with cognitive training: a novel non- phonological treatment for Developmental Dyscalculia

An efficacy study is being published, and carried out in collaboration with the Department of Neuroscience and Mental Health - UOC Child Neuropsychiatry. It is related to an innovative therapy capable of strengthening the brain areas and cognitive abilities involved in math skills, working memory, and processing speed in adolescents with dyscalculia.

Participation in ADHD digital format test validation

At the adolescent day hospital department of the Department of Neuroscience and Mental Health - UOC Child Neuropsychiatry, in collaboration with the Catholic University of Milan, I am collaborating on the collection of the sample for the validation of a test in digital format capable of evaluating abilities of response inhibition and sustained attention in preadolescents.

EDUCATION AND TRAINING

[Jan 2024 – Current]

School of Specialization in Psychotherapy

Academy of Family Psychotherapy <https://www.accademiapsico.it/>

City: Roma

[Nov 2023 – Current]

PhD Student

Sapienza University of Rome, Department of Dynamic and Clinical Psychology

City: Roma

[18 Sep 2023]

State certification exam of the Italian Order of Psychologists

Order of Psychologists

[Oct 2022]

Advanced tDCS Neuroscience Course

Neocortex

Theoretical Principles and Practical Application of the Transcranial Direct Current Stimulation (tDCS) technique

[22 Feb 2022]

DSA and BES Tutor

Sapere Più

Online Training Course for DSA and BES Tutors, for a total of 300 hours. Recognized M.I.U.R. course according to the Ministerial Directive n.170 / 2016.

[2019 – 2021]

Master's Degree in Dynamic Developmental Psychopathology

Sapienza University of Rome <https://corsidilaurea.uniroma1.it/it/corso/2021/30856/home>

Address: Via dei Marsi, 78, 00185, Roma, Italy

Field(s) of study: Medicine and Psychology

Final grade: 110

[2016 – 2019]

Bachelor's degree in Psychology and Social Processes

Sapienza University of Rome <https://corsidilaurea.uniroma1.it/it/corso/2021/30026/home>

Address: Via dei Marsi, 78, 00185, Roma, Italy

Field(s) of study: Medicine and Psychology

Final grade: 110 e lode

[2018 – 2021]

Three-year advanced course

Acting school Cassiopea

Address: Via Ardea, 27, 00183, Roma, Italy

Acquisition of skills in the management of public speeches and in the creation of complex projects within a small team.

[2016]

High School Diploma

Scientific High School Barsanti e Matteucci

Address: Via IV Novembre, 151, 55049, Viareggio, Italy

INTERNSHIP

[2022 – 2023]

Postgraduate Internship

I carried out my post-graduate internship at SAPIENZA POLICLINICO UMBERTO I, Department of Neuroscience and Mental Health - UOC Child Neuropsychiatry, within the adolescent day hospital department. I had the opportunity to delve deeper into the diagnostic process with adolescents within a hospital context, often interfacing with teamwork. I was able to observe clinical and anamnestic interviews with adolescents and pairs of parents, I was also able to observe the administration of multiple tests and semi-structured interviews.

I had the opportunity to learn from a theoretical, technical, and practical point of view two innovative cognitive training techniques for adolescents with ADHD or DSA with two different technologies and theoretical principles: Prismatic Adaptation and Virtual Reality.

[2022 – 2023] **Collaboration in preparing degree course lessons**

During the post-graduate internship, I supported the tutor in preparing the lessons for the degree course "Pediatric Rehabilitation in the Neurocognitive and Neurolinguistic Field" relating to the diagnostic process of neurodevelopmental disorders in developmental age.

[Oct 2020 – May 2021] **Vocational training activities**

I carried out 32 hours of pre-graduate professional training activities at the Academy of Family Psychotherapy. I had the opportunity to observe family and couples therapies behind the one-way mirror.

SOCIAL AND POLITICAL ACTIVITIES

[2020 – 2022] **Representative in the Faculty Assembly** Sapienza Università di Roma, Facoltà di Psicologia

LANGUAGE SKILLS

Mother tongue(s): Italian

Other language(s):

English

LISTENING B2 READING B2 WRITING B2

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

French

LISTENING B1 READING A2 WRITING A1

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

TRANSVERSAL SKILLS

Organizational skills

Excellent organizational skills and to complete work on time.

Capable to tolerate stress and manage multiple tasks at the same time.

Relational skills

Excellent ability to work independently but also to cooperate and manage teamwork. Good leadership skills.

Technical skills

Excellent research skills in multiple databases

Good database management skills employing specific programs such as Excel and SPSS.

DIGITAL SKILLS

Gestione autonoma della posta e-mail | Android | Windows | GoogleChrome | InternetExplorer | Google | Mozilla Firefox | Instagram | Gmail | Social media (Facebook, Instagram, Tik Tok, YouTube, Pinterest) | Elaborazione delle informazioni | Google Drive | Tenersi aggiornati | - Buone competenze nell'uso delle piattaforme Windows MacOS Android iOS | Configurazioni reti Wireless | Conoscenza avanzata di Excell e PowerPoint | Elementi di base di SPSS | Esperienza con piattaforme digitali come Zoom, Meet, Cisco Webex, Teams e Skype | Padronanza di utilizzo dei principali Browser (Explorer, Firefox, Chrome, ecc.) | Capacità di operare ricerche informatiche sui principali database scientifici | Ottima conoscenza delle principali piattaforme di condivisione dati e file | Utilizzo di strumenti di VideoCall (Skype Microsoft Teams Zoom Meet) | Microsoft Office | Ottima conoscenza della Suite Office (Word Excel Power Point)

social media

Social Network | Skype | Outlook | Whatsapp

documenti

Padronanza del Pacchetto Office (Word Excel PowerPoint ecc) | Gestione PDF | Risoluzione dei problemi

DRIVING LICENCE

Cars: B