

# MANUEL VARCHETTA

## PERSONAL INFORMATION

### FISCAL CODE:

VRCMNL93C27C773A

### DATE OF BIRTH:

27/03/1993

### NATIONALITY:

Italiana

### ADDRESS

Via Lungo Porto Antonio Gramsci 93, Civitavecchia (RM), 00053, Italia

### PHONE NUMBER:

+39 3205566541

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### DRIVING LICENCE

Patente B

INTERNATIONAL PHD STUDENT • 10/2020 •

INVESTIGACIÓN EN PSICOLOGIA: REPRESENTACIONES SOCIALES E INTERVENCIÓN PSICOSOCIAL Y ORGANIZACIONAL; PSICOLOGIA E SCIENZA COGNITIVA • UNIVERSITAT DE VALÈNCIA; "SAPIENZA" UNIVERSITÀ DI ROMA

SCIENTIFIC PUBLICATION • 22/06/2020 • REVISTA DIGITAL DE INVESTIGACIÓN EN DOCENCIA UNIVERSITARIA (RIDU)

Varchetta, M., Frascchetti, A., Mari, E., y Giannini, A. M. (2020). Adicción a redes sociales, Miedo a perderse experiencias (FOMO) y Vulnerabilidad en línea en estudiantes universitarios. Revista Digital de Investigación en Docencia Universitaria, 14(1), e1187. <https://doi.org/10.19083/ridu.2020.1187>

SCIENTIFIC PUBLICATION • 30/12/2021 • JOURNAL OF CLINICAL MEDICINE

From Emotional (Dys)Regulation to Internet Addiction: A Mediation Model of Problematic Social Media Use among Italian Young Adults. <https://doi.org/10.3390/jcm11010188>

MASTER DEGREE • 18/07/2019 • SAPIENZA UNIVERSITY OF ROME "APPLIED PSYCHOLOGY TO HEALTH, WORK AND LEGAL-FORENSIC CONTEXTS".

Master's Degree: *New disorders of technological era: Social Media Addiction and Fear of Missing Out*

Relator: *Anna Maria Giannini*

Average Vote Exams: 29,32; Final vote: 110 Lode

ERASMUS • VALENCIA (ESPAÑA) • 09/2016 – 05/2017 • UNIVERSITAT DE VALÈNCIA, FACULTAT DE PSICOLOGIA

Exams:

- *Vinculacions afectives i educació afectiva i sexual;*
- *Psicologia dels recursos humans;*
- *Psicologia social de l'esport ;*
- *Processos psicològics i conducta prosocial;*
- *Dissenys d'investigació en psicologia;*
- *Psicologia de l'educació i instrucció.*



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**ERASMUS • LISBOA (PORTUGAL) • 08/2018 – 02/2019 • INSTITUTO SUPERIOR PSICOLOGIA APLICADA (ISPA).**

Exams:

- *Psicooncologia;*
- *Sexologia*
- *Psicologia Comunitaria*
- *Cognição e afectos*
- *Intervenção na crise*
- *Comportamentos violentos*

**BACHELOR'S DEGREE • 03/07/2017 • SAPIENZA UNIVERSITY OF ROME , "PSYCHOLOGY AND SOCIALS PROCESSES"**

Thesis: *Need for Closure and Leadership Transfer*

Relator: *Stefano Livi*

Final vote: *104/110*

**SECOND LEVEL UNIVERSITARY MASTER IN CLINICAL AND FORENSIC PSYCHODIAGNOSIS • 10/2019 • CENTRO APEIRON ROMA"**

**INTERNSHIP POST-MASTER'S DEGREE • 03/2020 – 09/2020 • POLICLINICO MILITARE DI ROMA "CELIO".**

- Psychodiagnostic activities;
- Participation in psychological interviews;
- Observation of the activities carried out by the U.O.S. in Psychiatry and Psychological Consultancy;
- Psychological activities related to legal medicine;

**INTERSHIP POST-MASTER'S DEGREE • 09/2019 – 03/2020 • ASSOCIAZIONE ITALIANA SESSUOLOGIA CLINICA (AISC), ROMA**

**HIGH SCHOOL GRADUATION: LICEO SCIENTIFICO-TECNOLOGICO • 2007 - 2012 • I.T.I.S. MARCONI, CIVITAVECCHIA (RM)**

Final vote: *83/100*



## WORK EXPERIENCE

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### **PSYCHOLOGIST • ASSOCIAZIONE DELLA CROCE ROSSA ITALIANA • SICILY, ITALY • 03/2021 – IN ACTIVITY**

- assistance to the victims of torture and abuse, gender-based violence and in the field of ethno-psychiatry;
- programming and verification of psychological, psycho-social and psycho-educational interventions;
- support to the health team in the holistic evaluation of the guests on board in order to identify situations of psychological fragility and stress related to traumatic experiences;
- clinical reports to be provided to the authorities at the time of landing;
- support to team members in the management of the stress deriving from the life of the mission, team building and training activities regarding issues related to the psychology of emergency and migratory flows

### **EDUCATOR/COACH • ASD LEOCON, EVERGREEN, CIVITAVECCHIA (RM) • 09/2012 – 06/2019**

Management of sports groups composed of children from 8 to 13 years. Responsibility for educating children in accordance with the values of sport, the cooperation of living in communities.

### **ADMINISTRATION ACTIVITY COMERCIAL/EMPREENDEDOR • RARO SNC, VIA TERME DI TRAIANO 102, CIVITAVECCHIA (RM) • DA 04/2011**

**LIFEGUARD (FIN, CONI) • 06 /2010 – 09/2010;  
06/2011 – 09/2011; 07/2012 – 09/2012**

### **WAITER • 01/2017 – 05/2017 • RESTAURANTE LAS CARABELAS, VALENCIA (SPAGNA)**

### **FOOTBALL ACTIVITY • LEGA NAZIONALE DILETTANTI (LND) • DA 08/2006**

- S.S. Lazio: Giovanissimi Nazionali; Allievi Nazionali (2006 -2008)
- A.S.D. Civitavecchia Calcio: Juniores Nazionali, Serie D, Eccellenza (2008 – 2011)
- A.S.D. Tolfa Calcio: Promozione; Eccellenza (2011 – 2017)
- Corneto Tarquinia: Promozione; Eccellenza (2017 – 2019)



## COMMUNICATION AND PROFESSIONAL SKILLS

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Flexible and responsible person, willing to perform various tasks and able to adapt to any situation.

Optimal communicative skills and ease in the interpersonal relationships acquired both during the university career and in work tasks.

Advanced knowledge of Spanish (European Spanish) and Excellent knowledge of English and Portuguese

## INFORMATIC SKILLS

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- **MICROSOFT OFFICE:** Avanced knowledge
- **SISTEMA OPERATIVO MACINTOSH:** Avanced knowledge
- **SISTEMA OPERATIVO WINDOWS:** Avanced knowledge

## COMPETENCIAS LINGÜÍSTICAS

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- **ITALIAN:** Mother-tongue
- **SPANISH:** Complete advanced knowledge
- **ENGLISH:** Complete Profesional knowledge
- **PORTUGUESE:** Profesional knowledge

