

**Eleonora Palliccia**

**PhD student**

Curriculum Vitae

**PERSONAL INFORMATION**

**Nationality:** Italian

**Date of birth:** August 20th, 2000

**E-mail:** eleonora.palliccia@uniroma1.it

**CURRENT POSITION**

**2025-present. Ph.D Student**

1st year PhD student at Department of Psychology of Sapienza University of Rome in Psychology and Social Neuroscience, Curriculum “Personality and Organizational Psychology”, XLI cycle.

**EDUCATION**

**2022-2024. Master’s degree in Cognitive Neuroscience and Psychological Rehabilitation (LM-51).** Faculty of Medicine and Psychology, La Sapienza, University of Rome. Thesis: “Social Skills Improvement System – Social and Emotional Learning Brief Scales (SSIS SEL brief): A contribution to the Italian multi-informant validation in late childhood”. Advisor: Professor Laura Di Giunta.

**2019-2022. Bachelor’s degree in Psychology and Health (L-24).** Faculty of Medicine and Psychology, La Sapienza, University of Rome Thesis: “Eating disorders in men: from bodybuilding to anabolic-androgenic steroid addiction”. Advisor: Professor Rossella Ventura

**2017-2018 American High School Diploma.** Shawano Community High School (SCHS), Shawano (WI), USA. Final Grade Point Average: 3.023

**FELLOWSHIPS**

**2025-2026. Two month research fellowship.**

Project title: “Individual differences and socioemotional learning in the school context: An educational challenge and a window of opportunity”.

PI: Laura Di Giunta, Sapienza University of Rome.

**SCOLARSHIPS, GRANTS AND AWARDS**

**2024. Merit-based University Collaboration Program.**

Faculty of Medicine and Psychology, Sapienza University of Rome.

Selected for a competitive merit-based university collaboration program.

**2022, 2023. Merit based annual tuition reduction.**

Sapienza, University of Rome. Awarded in recognition of academic excellence.

<b>RESEARCH EXPERIENCES</b>
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**“Childhood, Adolescence, and Covid-Related Risk and Protective Factors in the Development of Adjustment in Early Adulthood Across Cultures”**

Funded by the National Institute of Health (NIH), Eunice Kennedy Shriver National Institute of Child Health and Human Development, USA (2008 - current).

Child Health and Human Development.

PI: Professor Jennifer Lansford (Duke University, USA); PI - Italy: Concetta Pastorelli (Sapienza University of Rome); Research Associate: Laura Di Giunta (Sapienza University of Rome).

Role: Research Assistant. Managed contact and scheduling of interviews with families in the Roman sample; participation to interviews with families, supported structuring the online battery on Qualtrics.

**My experience:** 2025 – current.

**“Individual differences and socio-emotional learning in the school context: An educational challenge and a window of opportunity”**

Funded by PRIN 2022 MUR, Italy, and European Union – Next Generation EU. In partnership with INDIRE and the Piccole Scuole Network, MIUR.

PI: Professor Laura Di Giunta

Role: Research Assistant. Preparation of required material for the implementation of data collection; supervised participant while completing questionnaires and a computerized task; supported data cleaning, preliminary analyses and preparation of scientific reports.

**My experience:** 2025 – 2026

**“A Virtual Agent Group Facilitator for a Holistic Student-Centric Approach to Academic and Socio-Emotional Learning”**

Funded by 2020 Jacobs Foundation COVID-19 Education Challenge Research Grant. Jacobs Foundation, Switzerland.

PIs: Professor Laura Di Giunta (Sapienza University of Rome) and Professor Goren Gordon (Tel Aviv University, Israel and Indiana University, Bloomington, USA).

Role: Junior Research Assistant. Trained to use the online platform created by Professor Gordon, contributed to data collection in schools with children and teachers, contributed to data entry and data cleaning.

**My experience:** December 2023 – July 2024

<b>RESEARCH TRAINING AND PROFESSIONAL EXPERIENCES</b>
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**2025 - current. Postgraduate Internship.**

Sacro Cuore - Istituto Sorelle della Misericordia, Rome

750 hours in progress - Required Internship for Italian National Register of Psychologists (Albo dell'Ordine).

Activities: collaboration with school psychologist to support students' mental health and well-being, assist in psychological assessments and individual counseling sessions, contribution to development of support strategies and interventions for students' behavioral, emotional, and academic needs.

Supervisor: School Psychologist Lucia Cozzolino.

### **January to October 2025. Research Trainee Experience.**

Laboratory of Individual Differences, Department of Psychology, Faculty of Medicine and Psychology. Director: Prof. Concetta Pastorelli.

Activities: attended graduate-level seminars, assisted in implementation of PCTO projects (Pathways for Transversal Competencies and Orientation) for high-school students, assisted in implementation of projects aimed at improving elementary-school students' socio-emotional development.

Supervisor: Prof. Laura Di Giunta

## **LANGUAGES**

**Italian:** mother tongue

**English:** C1/C2, fluent (understanding C2, speaking C1, writing C2)

## **ACADEMIC SERVICE AND LEADERSHIP**

### **2025 - current. Teaching Assistant, Personality and Individual Differences.**

International and National Master's Degrees in Cognitive Neuroscience, Department of Psychology, Sapienza University of Rome.

Activities: supported teaching activities of Prof. Di Giunta.

### **2026 - current. Doctoral Seminar Coordination**

Sapienza University of Rome, Department of Psychology. PhD program Psychology and Social Neuroscience, curriculum of Personality and Organizational Psychology.

Activities: planning and management of seminars offered by the doctoral program.

## **COMPUTER SKILLS**

**Statistical software:** SPSS, Mplus, Jamovi

**Survey platforms:** Qualtrics

**Other:** Office, Windows

## **BOOKS AND BOOK CHAPTERS**

1. Di Giunta, L., **Palliccia, E.**, & Comitale, C. (2026). *Emozioni, relazioni e differenze individuali a scuola: una cornice psicologica* (pp. 13–38). In A. Rosa & L. Di Giunta (Eds.), *Competenze socio-emotive nelle piccole scuole*. Pensa Multimedia. Open Access. ISBN 979-1255684329.

2. Di Giunta, L., **Palliccia, E.**, & Comitale, C. (2026). *Dal dato all'esperienza scolastica: il piano di ricerca quantitativo del gruppo Sapienza sulle competenze socio-emotive* (pp. 117–156). In A. Rosa & L. Di Giunta (Eds.), *Competenze socio-emotive nelle piccole scuole*. Pensa Multimedia. Open Access. ISBN 979-1255684329.

## INTERNATIONAL CONFERENCES

### 2026

1. **Palliccia, E.**, Comitale, C., Di Giunta, L. (2026). "*Toward a higher-order model of teacher-reported self-regulatory processes: Testing the validity of top-down self-regulation in late childhood*". Oral presentation at CPUP Spring School "Social and Emotional Competence Across the Life Span: 21st Century Perspectives". Porto, Portugal, 13-15 April.
2. Borges De Sampaio, P.L., Di Giunta, L., **Palliccia, E.**, Comitale, C., Rosa, A., Cannella, G., & Mangione, G.R.J. (2025). "*Parental warmth, child self-regulation, and prosocial behavior in a sample of primary rural school children*". Oral presentation at CPUP Spring School "Social and Emotional Competence Across the Life Span: 21st Century Perspectives". Porto, Portugal, 13-15 April.
3. Di Giunta, L., **Palliccia, E.**, & Comitale, C. (2026). "*Parenting and children's socio-emotional adjustment in rural and urban schools*". Oral presentation at the 11th International Congress on Interpersonal Acceptance and Rejection (ICIAR). Naples, Italy, June 17-19.
4. Comitale, C., Di Giunta, L., Pastorelli, C., Uribe Tirado, L.M., Aringolo, K., Remondi, C., Thartori, E., Ruiz Garcia, M. S., **Palliccia, E.** (2026). "*The Daily Architecture of Sadness: Rumination, Self-Efficacy, and Depressive Symptoms in Italian and Colombian Adolescents*", in Symposium Title: "*Parent and Child Control Processes as Predictors of Adaptation and Maladaptation Across Cultures and Development*". Oral presentation at 28th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD). Incheon, Korea, June 21-26.
5. Comitale, C., Di Giunta, L., **Palliccia, E.**, Pastorelli, C., Uribe Tirado, L.M., Lansford, J.E., Aringolo, K., Rothenberg, W. A., Thartori, E., Remondi, C. (2026). "*Intergenerational Rumination and Youth Depression Across Contexts: Comparing Clinical and Normative Adolescent Samples*" in Symposium Title: "*How Parents Shape and Are Shaped by Children's Emotional Worlds*". Oral presentation at 28th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD). Incheon, Korea, June 21-26.

## 2025

6. Di Giunta, L., Comitale, C., Riccioni, C., **Palliccia, E.** Ottaviani, C., Aringolo, K., Carnevali, L., Alessandri, G. (2025). "*Negative emotionality, emotion dysregulation, and heart rate variability: A multimethod examination of depressive symptoms in adolescents*" Oral presentation in symposium "*Temperament in adjustment and psychopathology*" at Occasional Temperament Conference (OTC 2025), Austin, Texas (USA), 6–8 November.
7. Comitale, C., Di Giunta, L., **Palliccia, E.**, Riccioni, C., Ottaviani, C., Aringolo, K., "*Self-efficacy in sadness regulation as a daily protective factor for adolescents' emotional well-being: An ecological study in a clinical sample of adolescents*". Poster presented at the International Conference for the Centenary of Albert Bandura. Rome, Italy, 26-27 November.
8. Comitale, C., Di Giunta, L., Riccioni, C., Giordano, S., **Palliccia, E.** (2025). "*Parents' and adolescents' rumination and depressive symptoms: an empirical contribution in a clinical sample of adolescents*". Oral presentation at Workshop "Parenting and Culture: Cross-Cultural and International Migration Perspectives". Chieti, Italy, 9-10 May.
9. Comitale C., Di Giunta L., Chein J., Riccioni C., Giordano S., **Palliccia E.** (2025). "Daily Associations Between Depressive Rumination and Symptoms in Adolescents: The Role of Self-Efficacy about Sadness Regulation". Oral presentation at 22nd European Conference on Developmental Psychology (ECDP). Vilnius, Lithuania, 25-29 August.

<b>NATIONAL CONFERENCES</b>
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## 2026

1. **Palliccia, E.**, Comitale, C., & Di Giunta, L. (2025). "*Predittori socio-emotivi dell'aggressività in età scolare: Un approccio multi-informatore*". Poster presented at Third Mission Workshop "Competenze socio-emotive a scuola". Rome, Italy, February 13th.

## 2025

2. Comitale, C., Di Giunta, L., Riccioni, C., & **Palliccia, E.** (2025). "*Variazioni giornaliere dei feedback scolastici da parte delle insegnanti nella tarda infanzia: uno studio esplorativo*". Poster presented at the Workshop PRIN 2022 "Competenze socio-emotive nei contesti educativi: un confronto tra ricerca e territorio". Rome, Italy, October 3rd.

3. Di Giunta L., Rosa A., Giordano S., Sdoia S., Bongiorno M., Rizzari S., Cannella G., Mangione G.R., Comitale C., **Palliccia E.** (2025). "*Mapping Socio-Emotional Competencies in the Educational Context: Assessing Children through a Mixed-Methods Study*". Oral presentation accepted at XXXVII Congresso Nazionale AIP Sezione Psicologia dello Sviluppo e dell'Educazione. Udine, Italy, 15-17 September.