

# CURRICULUM VITAE

## FORMATO EUROPEO PER IL CURRICULUM VITAE



### PERSONAL INFORMATION

Name and Last Name Alessia Teresa Virzi

Date of Birth

Cell phone

E-mail [alessia.virzi@uniroma1.it](mailto:alessia.virzi@uniroma1.it)

E-mail Pec

Current Position

#### **Ph.D. Student**

Psychology and Social Neuroscience, Curriculum "Personality and Organizational Psychology", Department of Psychology, Sapienza University of Rome

#### Professional license as a **psychologist**

30/01/2023

Department of Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome

### EDUCATION AND TRAINING

- Date (from – to) 2019– 2021
- Name and type of educational or training institution Department of Psychology, Faculty of Medicine and Psychology, Sapienza University of Rome
- Qualification achieved **Master's degree in Cognitive Neuroscience and Psychological Rehabilitation**  
Thesis: *"The relationship between Positivity and Psychological well-being during the COVID-19 pandemic"*  
Vote: 103/110  
Advisor: Prof. Caterina Grano  
Date: 16/07/2021
  
- Date (from – to) 2015 - 2019
- Name and type of educational or training institution Department of educational sciences, University of Studies of Catania
- Qualification achieved **Bachelor's degree in Psychological Sciences and Techniques**  
Thesis: *"The Language of Social Networks and the diary of Anais Nin"*  
Vote: 102/110  
Advisor: Prof. Paola Clara Leotta  
Date: 29/03/2019

## JOB EXPERIENCE

- Date (from – to) 01/02/2024 - ongoing
- Name and address of employer Principal Investigator: Prof. Antonio Zuffianò  
Via dei Marsi 78, 00185, Rome
- Type of business or industry Department of Psychology, Faculty of Medicine and Psychology Sapienza University of Rome
- Type of employment **Eighteen months research fellowship** titled “Prosocial functioning in everyday life”
- Main duties and responsibilities The overall objective of the project is to investigate and promote Prosocial Behaviour in adolescents and young adults.  
The project activities will focus on:
  - a. Preparation of batteries of questionnaires for adolescents and young adults;
  - b. Preparation of the research protocol;
  - c. Implementation of the project;
  - d. Cleaning of collected data and data analysis;
  - e. Dissemination.
- Date (from – to) 01/05/2022 – 31/04/2023
- Name and address of employer Principal Investigator: Prof. Laura Di Giunta  
Via dei Marsi 78, 00185, Rome
- Type of business or industry Department of Psychology, Faculty of Medicine and Psychology Sapienza University of Rome
- Type of employment **One year research fellowship** titled “*The assessment and promotion of psychological well-being from childhood to adolescence: from the family to the school context*”
- Main duties and responsibilities The overall objective of the project was to investigate the effectiveness of an intervention to promote social-emotional competencies in elementary school children. This intervention was implemented through a virtual platform created specifically for the project, in which children had the opportunity to discuss in small groups issues concerning social-emotional skills with the help of a virtual agent.  
The project activities covered:
  - a. Preparation of batteries of questionnaires for teachers, students, and parents;
  - b. Preparation of the research protocol;
  - c. Implementation of the project;
  - d. Cleaning of collected data and preliminary data analysis;
  - e. Dissemination.

## GRANT AND AWARDS

- **Starting Research - Type 2** (Avvio alla Ricerca - Tipo 2), as a **research assistant**.  
Project Title: “*The daily examination of the influence of inclusive teaching on the association between high school students’ feedback sensitivity and their maladjustment*”  
Funding: €2.250  
Protocol Number: AR22218162C0D40D
- Date 2022
- Name and address of employer Principal Investigator: Prof. Carolina Lunetti  
Via dei Marsi 78, 00185, Rome
- Type of business or industry Department of Psychology, Faculty of Medicine and Psychology Sapienza University of Rome
- Type of employment Research assistant

<b>MOTHER TONGUE</b>	Italian
<b>OTHER LANGUAGES</b>	English
<ul style="list-style-type: none"> <li>• Understanding B2</li> <li> <ul style="list-style-type: none"> <li>• Writing B2</li> <li>• Speaking B2</li> </ul> </li> </ul>	
<b>SKILLS AND TECHNICAL ABILITIES</b>	<p><b>Statistical Software:</b> Excell, SPSS, Mplus</p> <p><b>Online Platforms:</b> Qualtrics, m-Path</p>
<b>OTHER</b>	
<b>INTERNSHIP</b>	
<ul style="list-style-type: none"> <li>• Date (from – to)</li> </ul>	September 2021 – September 2022
<ul style="list-style-type: none"> <li>• Name and address of employer</li> </ul>	Supervisor: Prof. Laura Di Giunta Via dei Marsi 78, 00185, Rome, RM
<ul style="list-style-type: none"> <li>• Type of business or industry</li> </ul>	<b>Laboratory on Individual Differences</b> Department of Psychology, Faculty of Medicine and Psychology Sapienza University of Rome
<ul style="list-style-type: none"> <li>• Main duties and responsibilities</li> </ul>	As a post-graduate intern, I attended seminars taught by several national and international experts in the field of Personality and Developmental Psychology and Advanced Statistical Analysis. Furthermore, during the internship I learned about the different phases of a research project from the creation of the research study to the data cleaning and data analysis with SPSS and Mplus. I also participated in different research projects in which my Supervisor was involved [see “Research Experience” section].
<ul style="list-style-type: none"> <li>• Date (from – to)</li> </ul>	2017 – 2018 (350 hours)
<ul style="list-style-type: none"> <li>• Name and address of employer</li> </ul>	Supervisor: Dr. Agatella Vecchio. Via Feudo Grande, 13, 95126 Catania CT
<ul style="list-style-type: none"> <li>• Type of business or industry</li> </ul>	<b>Casa di Cura Villa l'Ulivo</b> , Carmide S.r.l. di Catania - Polo di Riabilitazione multi specialistico
<ul style="list-style-type: none"> <li>• Main duties and responsibilities</li> </ul>	As a pre-graduate intern I had an active involvement in all aspects of patients psychological and neurological rehabilitation. Specifically, I had the opportunity to observe first-hand which training-programme was considered better for a patient specific need. I also administered and proceed with the scoring of questionnaires such as the Mini-Mental State Examination, the Rey Auditory Verbal Learning test (RAVLT); the Symptom Checklist-90-R (SCL-90-R); the Brief Neuropsychological Examination 2 (ENB2); Raven's Progressive Matrices (RPM), also the Wechsler Adult Intelligence Scale - Revised (WAIS - R), the Wisconsin Card Sorting Test (WCST).

## POST-LAUREAM TRAINING

- *Methodological advanced post-lauream courses*

### **Modelli Multilevel**

Prof. Antonio Zuffianò  
Sapienza, University of Rome, Department of Psychology  
14/06/2023

### **Introduction to Data Analysis using Microsoft Excel** (with certificate of attendance)

Prof. Paula Del Rey  
Coursera Project Network (Online)  
23/05/2023

### **Introduction to Structural Equation Modeling** (with certificate of attendance)

Prof. D. Bauer and Prof. P. Curran  
Center for Statistical Training (Online)  
10-11-12/05/2023

### **MATLAB Onramp** (with certificate of attendance)

MathWorks - Training Services (Online)  
03/05/2023

### **I modelli di equazioni Strutturali: teoria e applicazioni con il software MPLUS – Summer School** (with certificate of attendance)

Prof. Claudio Barbaranelli & Prof. Valerio Ghezzi  
Sapienza University of Rome, Department of Psychology  
from 29/08/2022 to 03/09/2022

### **MANOVA**

Prof. Michalis P. Michaelides  
Sapienza, University of Rome, Department of Psychology  
21/06/2022

### **Introduction to mediation, moderation and conditioned processes**

Prof. Guido Alessandri  
Sapienza, University of Rome, Department of Psychology  
07 - 09/02/2022

### **Introduction to Statistics** (with certificate of attendance)

Prof. Guenther Walther  
Stanford University (Online)  
Eight weeks course (completed on 09/02/2022)

### **Power and Sample Size for Multilevel and Longitudinal Study Designs** (with certificate of attendance)

Prof. Albert Ritzhaupt  
University of Florida (Online)  
five weeks course (completed on 04/02/2022)

- *Theoretical advanced post-lauream courses*

### **Teorie e modelli per lo sviluppo della Personalità**

Prof. Maria Gerbino  
Sapienza, University of Rome, Department of Psychology  
14/06/2023

### **Psychological Testing Assessments are Going High-Tech** (with certificate of attendance)

Greg Neimeyer, PhD  
Continuing Education and Professional Development - American

Psychological Association (Online)  
12/06/2023

**The Risk of Social Isolation** (with certificate of attendance)  
Greg Neimeyer, PhD  
Continuing Education and Professional Development - American  
Psychological Association (Online)  
07/06/2023

**What Are the Benefits of Mindfulness?** (with certificate of attendance)  
Greg Neimeyer, PhD  
Continuing Education and Professional Development - American  
Psychological Association (Online)  
30/05/2023

**Using Technology to Captivate Learners: New Research from  
Psychologists** (with certificate of attendance)  
Greg Neimeyer, PhD  
Continuing Education and Professional Development - American  
Psychological Association (Online)  
29/05/2023

**Convergence and discrepancy among informants**  
Prof. Antonio Zuffianò  
Sapienza, University of Rome, Department of Psychology  
24/05/2023

**How maladaptive family environments and mental health are passed  
across generations, and how we can prevent that transmission**  
Prof. Drew Rothenberg  
Sapienza, University of Rome, Department of Psychology  
08 - 15/03/2023

**Personality Psychology**  
Prof. Gian Vittorio Caprara  
Sapienza, University of Rome, Department of Psychology  
21/02/2023

**Workaholism**  
Prof. Cristian Balducci  
Sapienza, University of Rome, Department of Psychology  
07/02/2023

**Inclusion & Diversity in scientific publishing: why it's a requirement,  
not a choice** (with certificate of attendance)  
Prof. Londa Schiebinger, Dr. Cara Tannenbaum, Holly Falk-Krzesinski,  
Jessica Miles  
Researcher Academy, ELSEVIER (Online)  
06/09/2022

**How to integrate sex, gender, and intersectional analysis into research**  
(with certificate of attendance)  
Caeul Lim  
Researcher Academy, ELSEVIER (Online)  
06/09/2022

**Multilevel approach to understanding how friendship moderates  
trajectories of anxiety in preadolescents**  
Prof. William Bukowski  
Sapienza, University of Rome, Department of Psychology  
04/04/2022

**SEL for Students: A Path to Social Emotional Well-Being** (with  
certificate of attendance)  
Prof. Dan Liston & Prof. Emily Claire Price

University of Colorado Boulder (Online)  
Five weeks course (completed on 17/02/2022)

**Forgiveness and gratitude in social and interpersonal relationship**

Prof. Camillo Regalia  
Sapienza, University of Rome, Department of Psychology  
11/02/2022

**Research Synthesis: An introduction to reviews, meta-analysis and PRISMA method**

Prof. Enrico Perinelli  
Sapienza, University of Rome, Department of Psychology  
28/01/2022

**Providing Social, Emotional, Behavioral, and Special Education Services in School** (with certificate of attendance)

Prof. Eve Kutchman, Prof. Lauren Welch, Prof. Karen Hecker, Prof. Daniel Nicklas  
University of Colorado Boulder (Online)  
Four weeks course (completed on 15/01/2022)

**Human Research Protection Foundational Training** (with certificate of attendance)

Office for Human Research Protections (Online)  
7 hours course (completed on 04/01/2022)

**Positivity and human functioning**

Prof. Gian Vittorio Caprara  
Sapienza, University of Rome, Department of Psychology  
09/12/2021

**RESEARCH  
EXPERIENCES**

**A Virtual Agent Group Facilitator for a Holistic Student-Centric Approach to Academic and Socio-Emotional Learning**

Funded by 2020 Jacobs Foundation COVID-19 Education Challenge Research Grant. Jacobs Foundation, Switzerland.

Principal Investigators: Prof. Laura Di Giunta (Sapienza, University of Rome, Italy), Prof. Goren Gordon (Tel Aviv University, Israel)

- Date (from – to) September 2021 – April 2023
- Name and address of employer Prof. Laura Di Giunta  
Via dei Marsi 78, 00185, Rome
- Type of business or industry Sapienza, University of Rome, Department of Psychology
- Main duties and responsibilities As a research assistant I contributed to the preparation of the consent forms, the activity for the participants and the battery of measures to be administered to parents, teachers, and children. Furthermore, I contributed to the training of junior team members.  
I was also part of the team who presented this project to school personnel and parents to inform them about the research goals and procedure. I was involved in the data collection by administering the intervention programme to children, their parents and teachers in two elementary school, one in Rome and one in Catania; I was also involved in data cleaning, data analysis, and the preparation of the scientific reports

**“Effects of Feedback Sensitivity and Emotion Regulation on Learning and School Performance in Adolescents from Multiple Countries”**

Funded by Young Scholar Research Grant associated with the 2019 Jacobs Foundation Conference on “An Agenda for Research on Child Development and Learning for the Third Decade of the 21st Century”. Jacobs Foundation, Switzerland.

Principal Investigators: Prof. Laura Di Giunta (Sapienza, University of Rome, Italy), Prof. Natasha Duell, (University of North Carolina, Chapel Hill, USA)

- Date (from – to) September 2021 - December 2022
- Name and address of employer Prof. Laura Di Giunta  
Via dei Marsi 78, 00185, Rome
- Type of business or industry Sapienza, University of Rome, Department of Psychology
- Main duties and responsibilities As a Research assistant I contributed to the preparation of a computerized task to examine the association between feedback sensitivity and learning in adolescence with E-Prime Go, and also to the preparation of the battery of questionnaire to be administered to adolescents with mobile ecological momentary assessment (mEMA) via Qualtrics. Participants were adolescents in Colombia, for this reason the measures were administered in Spanish. Furthermore, I participated in the remote data collection with mEMA and I was involved in data cleaning, data analysis, and the preparation of preliminary scientific reports.

**“Parental Emotion Socialization in COVID-19 time” – International Study**

Supported by Jacobs Foundation, Switzerland.

Principal Investigator: Prof. Laura Di Giunta (Sapienza, University of Rome, Italy).

- Date (from – to) September 2021 - March 2022
- Name and address of employer Prof. Laura Di Giunta  
Via dei Marsi 78, Roma
- Type of business or industry Sapienza, University of Rome, Department of Psychology
- Main duties and responsibilities As a research assistant within the overall research team, I was involved in a remote cross-sectional data collection with a convenient sample of parents whose children were aged between 6 and 18 years old and who were in online education during Covid-19 pandemic in Italy. I contributed to the preparation of the battery of measures to be administered to parents and data collection via Qualtrics; data collection and data cleaning with SPSS. I also contributed to the preparation of the battery of questionnaires in Zimbabwe (language: English), in Azerbaijan (language: Azerbaijanian), and in Colombia (language: Spanish) with Qualtrics.

**TEACHING EXPERIENCES**

**Teaching Assistant** (support for laboratory activities and tutoring students; support for carrying out and correcting exams)

**Lecturer:** Prof. Laura Di Giunta

**Course name:** Individual Differences in Personality and Temperament  
**Academic year:** September 2021 - April 2023  
**Credits:** 9  
**Language:** English  
**Sapienza University of Rome**

**Teaching Assistant** (support for laboratory activities and tutoring students; support for carrying out and correcting exams)

**Lecturer:** Prof. Laura Di Giunta

**Course name:** Personalità e Differenze Individuali

**Academic year:** September 2021 - April 2023

**Credits:** 9

**Language:** Italian

**Sapienza University of Rome**

## **PARTICIPATION AT CONFERENCES AND CONGRESS**

**XXX Congresso Nazionale – AIP** (Associazione Italiana Psicologia)  
Padua, Italy, 27-30 September 2022

Study day on “**Self-regulation and child adjustment. Ricerca e interventi efficaci per la promozione delle abilità autoregolative**”  
Naples, Italy, 7 October 2022

Convegno “**Crossing the Borders: Psychological Foundations of Coexistence**”

Castel Gandolfo (RM), Italy, 23-25 February 2024

## **PUBLICATIONS**

### **INTERNATIONAL JOURNALS**

2023

1. Lunetti, C., Di Giunta, L., Gliozzo, G., Riccioni, C., Comitale, C., Basili, E., Baxseliyeva, A., Virzi, A. T. (2023) Parental Happiness Socialization and Youth Adjustment in Italy and Azerbaijan in the COVID-19 Pandemic Era. *International Journal of Environmental Research and Public Health*, 20(4), 3604. <https://doi.org/10.3390/ijerph20043604>
2. Favini, A., Culcasi, F., Cirimele, F., Remondi, C., Plata, M. G., Caldaroni, S., Virzi, A. T., & Luengo Kanacri, B. P. (2023). Smartphone and social network addiction in early adolescents: The role of self-regulatory self-efficacy in a pilot school-based intervention. *Journal of Adolescence*, 1–15. <https://doi.org/10.1002/jad.12263>

2022

3. Di Giunta, L., Lunetti, C., Gliozzo, G., Rothenberg, W. A., Lansford, J. E., Eisenberg, N., Pastorelli, C., Basili, E., Fiasconaro, I., Thartori, E., Favini, A. and Virzi, A. T. (2022). Negative Parenting, Adolescents’ Emotion Regulation, Self-Efficacy in Emotion Regulation, and Psychological Adjustment. *International Journal of Environmental Research and Public Health*, 19(4), 2251. <https://doi.org/10.3390/ijerph19042251>



BOOKS AND  
CHAPTERS

2022

1. Di Giunta, L., Lunetti, C., Pagliarani, S., Gliozzo, G., Virzì, A. T., Comitale, C., & Riccioni, C. (2022). Individual and Contextual Determinants of (mal)adjustment in College Students who Study Abroad. In (Ed.), *Motivation and Success*. IntechOpen.  
DOI: 10.5772/intechopen.108238

CONFERENCES

INTERNATIONAL

2023

1. Di Giunta, L., Duell, N., Uribe Tirado, L.M., Ruiz Garcia, M.S., Comitale, C., **Virzì, A.T.**, Riccioni, C., Lunetti, C., Gliozzo, G., Basili, E. (2023). Cognitive and emotional correlates of school performance in a low-middle SES Colombian adolescent sample. In *European Conference on Developmental Psychology (ECDP)*. 28 August - 1 September 2023, Turku, Finland.
2. Duell, N., Di Giunta, L., Sdoia, S., Uribe Tirado, L.M., Ruiz Garcia, M.S., Riccioni, C., Comitale, C., **Virzì, A.T.**, Gliozzo, G., Lunetti, C. (2023). Punishment and reward sensitivity, daily emotion regulation, and school performance in a low-middle ses Colombian adolescent sample. In *SRA 2023 Annual Meeting- Keeping Pace with a Changing World*. April 13-15, 2023, San Diego, California.

2022

3. Di Giunta L., Gliozzo, G., Lunetti, C., Riccioni, C., Comitale, C., Carnevali, O. C., & Aringolo, L. (2022). Profiles of socio-emotional adjustment in a clinical sample of Italian adolescents: A cluster analysis approach using mother-reports, cortisol awakening response, and ecological momentary assessment. In *European Association for Research on Adolescence (EARA) conference, Diverse and Digital*, August 24-27, 2022, Dublin (Ireland).
4. Di Giunta, L., Duell, N., Uribe Tirado L.M., Ruiz Garcia M.S., Gliozzo G., Comitale C., Riccioni C., Virzì A.T., Finocchiaro L., Lunetti C. (2022). Feedback sensitivity, emotion regulation, and adolescents' adjustment in a low-middle SES Colombian sample. In the *26th Biennial Meeting of the ISSBD. International Society for the Study of Behavioural Development*, June 19-23, 2022, Rhodes (Greece).

NATIONAL

2024

1. Fulvio Gregori, Lucia Manfredi, Alessia Teresa Virzì, Silvia Caldaroni, Chiara Remondi, Concetta Pastorelli, The relations between Prosocial Behavior, Life Satisfaction, and Hedonic Balance among Young Adults' daily life. *Crossing the Borders: Psychological Foundations of Coexistence*, Castel Gandolfo (RM), Italy, 23-25 February 2024.

1. Di Giunta, Laura; Duell, Natasha; Uribe Tirado Liliana, M; Ruiz Garcia Marcela, S; Comitale, Clementina; Virzì, Alessia Teresa; Riccioni, Chiara; Gliozzo, Giulia; Lunetti, Carolina. Punishment and reward sensitivity and daily emotion regulation in a low-middle ses Colombian adolescent sample. *XXX Congress AIP* (Italian Association of Psychology), Padova, Italia, 27-30 September 2022.
2. Di Giunta, Laura; Lunetti, Carolina; Riccioni, Chiara; Gliozzo, Giulia; Comitale, Clementina; Virzì, Alessia Teresa; Kadurira, Maceline; Baxseliyeva, Aysel; Uribe Tirado Liliana, Maria. Parental socialization in response to children' negative and positive emotions during the pandemic across cultures. *XXX Congress AIP* (Italian Association of Psychology), Padova, Italia, 27-30 September 2022.
3. Riccioni, Chiara; Di Giunta, Laura; Gordon, Goren; Virzì, Alessia Teresa; Comitale, Clementina; Gliozzo, Giulia; Lunetti, Carolina. V-ROBOTATOR: A preliminary empirical contribution on the efficacy of an intervention to promote school-age children's socio-emotional competences with a virtual agent group facilitator. *XXX Congress AIP* (Italian Association of Psychology), Padova, Italia, 27-30 September 2022.
4. Comitale, C., Di Giunta, L., Lunetti C., Basili, E., Gliozzo, G., Riccioni, C., Virzì, A.T. (2023). Il ruolo delle differenze individuali dei genitori rispetto alla socializzazione prentale delle emozioni e ai sintomi internalizzanti ed esternalizzanti dei figli. *XXI National Congress SITCC 2023* (Società Italiana di Terapia Cognitiva Comportamentale), Bari, Italy 21-24 September 2023.
5. Riccioni Chiara, Comitale Clementina, Virzì Alessia Teresa, Giordano Sara, Gliozzo Giulia, Lunetti Carolina, & Di Giunta Laura (2022). Profiles of school-aged children's socio-emotional competences: a multi-informant preliminary study. In *International Conference organized by CIRMPA - Centro interuniversitario per la ricerca sulla genesi e sullo sviluppo delle motivazioni prosociali e antisociali* (Interuniversity Centre for Research in the Genesis and Development of Prosocial and Antisocial Motivations), entitled "Development of prosocial and aggressive conducts: understanding and interventions", Florence, May the 6th, 2022.

## MEMBERSHIP

**AIP** - Associazione Italiana di Psicologia (Italian Association of Psychology).

Sezione **Psicologia dello sviluppo e dell'educazione** (Section: developmental and educational Psychology).

Date: 2022

**APA** - American Psychological Association

Date: 2023