

## Curriculum Vitae of **Washim Palash**

**Contact e-mail:** [washim.palash@uniroma1.it](mailto:washim.palash@uniroma1.it)  
wpalash23@gmail.com

### **Academic profile:**

PhD Fellow in Psychology and Cognitive Science (2022). Sapienza University of Rome. Research Area: Interdisciplinary- Cognitive Science, Contemplative Science, and Philosophy of Mind. Research Focus: Meditative Mind, Mindfulness, and Psychological Wellbeing.

MA in Buddhist Studies and Philosophy (2021). Nalanda University, India. Thesis Focus: Buddhist Philosophy and Sustainability.

MSc in Economic Development (2018). Lund University, Sweden. Thesis Focus: Corruption and Sustainability.

### **Participated in seminars, conferences, and courses:**

Interrelation Between Democratic Values and People's Well-Being: A Critical Approach, International Forum on Democracy: The Shared Human Values, Chinese Academy of Social Science (CASS), Beijing, China. December 2021.

Dhamma Dhamma Conference, Rajgir, Nalanda, India. December 2021.

The Buddhist View of Interdependence in the Contemporary World (East Dialogues with West) Workshop on "Bridging esoteric Vajrayana Buddhism practices with science to enhance human cognition" March 16 - March 26, 2021.

Fundamentals of Buddha Dhamma (3 month), Maha Bodhi Research Center, Mahabodhi Society, Bengaluru (August-October 2020).

Fundamentals of Abhidhamma and Sutta Studies (3 month), IAS, USA ((June-August 2020).

Seminar on Ecological Sustainability, Nalanda University, Rajgir, Nalanda, India, November 2019.

Workshop on excel for Economist, Lund Career office, LUSEM, Lund University, Sweden, March 2018.

Workshop on Economic History of Natural Resources and Sustainable Development, LUSEM, Lund University, Sweden, February 2018.

Development Research Conference, LUSEM, Lund University, Sweden, December 2017.

Lund Innovation Challenge Competition, organized by Venture Lab, Lund, Sweden. December 2017.

Symposium on Financial Inclusion, Center for East and South Asian Studies, Lund University. November 2017.

Workshop on advance excel for workplace, Education Committee, LUSEM, Sweden. November 2017.

Belt and Road Initiative: A New Geopolitics in a New World Order., CASS, Beijing, China. June 2017

Residential Workshop on Faculty Development and Teaching Methodology, Dhaka, Bangladesh, March 2016.

Workshop on application of research software, NAPD, Dhaka, Bangladesh, April 2008.

### **Few other Fellowship and Degrees:**

A fellowship on Young Scholar on Economic Development by the Graduate School of Chinese Academy of Social Science (GSCASS), Beijing, China (June 2017).

A fellowship on Innovative Leadership on Organizational Growth and Excellence (ILOGE), NIESBUD, Delhi, India. A fellowship by the Government of India. (2014).

Post-Graduate Diploma on Development Planning (PGDDP), National Academy for Planning and Development (NAPD), Dhaka, Bangladesh (2008).

Master of Business Administration (MBA), Faculty of Business Studies, University of Dhaka (Dean's Merit List Awardee, CGPA:3.92 out of 4) (2006).

Bachelor of Business Administration (BBA), Faculty of Business Studies, University of Dhaka.2004.

### **Area of Interest:**

Meditation, Mindfulness, and Psychological Wellbeing

Yogic Mind and Philosophy

Applied Aspects of Buddhism and Sustainability