



## Theodor Mareş

**Date of birth:** 15/06/1993 | **Nationality:** Romanian | **Phone number:**  
(+40) 720146343 (Mobile) | **Email address:** [theodor.mares@yahoo.ro](mailto:theodor.mares@yahoo.ro) |  
**Address:** Bucharest, Romania (Home)

### WORK EXPERIENCE

01/02/2023 – CURRENT Romania

**HEAD OF MEDICAL EDUCATION DEPARTMENT MULTIDISCIPLINARY RESIDENT DOCTORS SOCIETY, ROMANIA**

- organize surgical workshops
- organize medical workshops

02/2022 – 31/01/2023 Romania

**HEAD OF SURGICAL WORKSHOPS DEPARTMENT SOCIETY OF ROMANIAN RESIDENT DOCTORS**

31/01/2020 – CURRENT Bucharest, Romania

**PLASTIC SURGERY RESIDENT DOCTOR CLINIC EMERGENCY HOSPITAL PROF. DR. AGRIPPA IONESCU**

- Initial and ongoing assessment of patient's medical status
- Perform history and physical examination
- Develop treatment plan
- Assist in surgery
- Perform procedures
- Order tests, examinations, and medications

### EDUCATION AND TRAINING

01/09/2023 – CURRENT Rome, Italy

**PHD STUDENT, II YEAR CO-TUTELLE Sapienza Medical University**

12/07/2022 – CURRENT Bucharest, Romania

**PHD STUDENT, II YEAR University of Medicine and Pharmacy Carol Davila**

**Address** Eroii Sanitari 8, 050474, Bucharest, Romania

01/03/2022 – 06/2022 Rome, Italy

**FELLOWSHIP IN CLINICAL AND EXPERIMENTAL MICROSURGERY - PROF. FABIO SANTANELLI DI POMPEO Sapienza Roma**

**Address** Ospedale Sant'Andrea, Rome, Italy, Rome, Italy | **Website** [www.diepflap.it](http://www.diepflap.it)

2012 – 2019 Bucharest, Romania

**MEDICAL DOCTOR Carol Davila University of Medicine and Pharmacy Bucharest, Romania**

2007 – 2012 Bucharest, Romania

**BACCALAUREATE DEGREE Alexandru Ioan Cuza Highschool Bucharest, Romania**

## ● DIGITAL SKILLS

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Microsoft Word | Microsoft Excel | Microsoft Powerpoint | Google Drive | Microsoft Office | Instagram | Social Media | Facebook | Google Docs | Internet user | Team-work oriented | Skype | Good listener and communicator | Organizational and planning skills | Decision-making | Motivated

## ● LANGUAGE SKILLS

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Mother tongue(s): **ROMANIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	C1	C1	C1	C1	C1
<b>GERMAN</b>	B1	B1	B1	B1	B1
<b>ITALIAN</b>	A2	A2	A2	A2	A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## ● ADDITIONAL INFORMATION

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### PRESENTATIONS AND PUBLICATIONS

01/10/2022

**Dermatofibrosarcoma Protuberans: One Centre Experience**

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Published in "Chirurgia"

**"Myeloid Sarcoma with Megakaryocytic Differentiation presenting as a subscapular mass"**

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19th - National Congress of the Romanian Association of Plastic Surgery, Timisoara

**"Malignant soft tissue tumors"**

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15th Congress of the European Federation of Societies for Microsurgery, Cluj Napoca, Romania, 24/06/2021-27/06/2021

**"How can we shape the future – the need for plastic, aesthetic and reconstructive surgery residents training evolution in Romania"**

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15th Congress of the European Federation of Societies for Microsurgery, Cluj Napoca, Romania, 24/06/2021-27/06/2021

### COURSES

06/05/2023

**Local Flaps Workshop 2nd Edition, Bucharest, Romania**

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Workshop Coordinator

19/01/2023 – 21/01/2023

**ISAPS Fresh Cadaver Aesthetic Surgery Dissection Course on Facial Anatomy and Rhinoplasty**

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12/09/2022 – 15/09/2022

**International Training School Bucharest**

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Dedicated to researchers, Ph.D. students, and professionals with various backgrounds

03/2021

**28th International Free Flap Harvesting Course in Living Tissue**

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Pius Branzou Center, Timișoara, România

01/2020

## **Experimental Microsurgery Initiation**

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Fundeni Clinical Institute

### **CONFERENCES AND SEMINARS**

25/05/2023 – 27/05/2023 – Stockholm, Sweden

#### **33rd EURAPS Annual Meeting 2023**

27/04/2023 – 29/04/2023 – Sibiu, Romania

#### **The National Conference of the Romanian Association of Plastic Surgeons**

20/09/2022 – 24/09/2022 – Istanbul, Turkey

#### **International Society of Aesthetic Plastic Surgery World Congress**

25/05/2022 – 26/05/2022 – Naples, Italy

#### **32nd – Annual Meeting of the European Association of Plastic Surgeons**

28/04/2022 – 30/04/2022 – Timisoara, Romania

#### **19th - National Congress of the Romanian Association of Plastic Surgery, Timisoara**

2019

#### **Beyond Frontiers Microsurgery Symposium**

2015

#### **Donate blood! Be a hero! Volunteer**

2014

#### **Basic Surgical Skills Ed. 41 Trainer**

2014

#### **Best intradermal suture Award - Train your Surgical Skills Workshop Certificate**

2014

#### **Knots and Sutures Ed. 41 Trainer**

2014

#### **The 10th symposium of the Romanian Association of hepato-biliary-pancreatic surgery and liver transplant**

2014

#### **Knots and Sutures Ed. 39 Trainer**

2014

#### **Knots and Sutures Ed. 37 Participant**

2014

#### **Orthopedics practice program - POSDRU Project Participant**

2013

#### **Healthcare, Education and Research Talks**

2013

#### **Fundamental notions of phytotherapy**

2013

#### **Admission contest Volunteer - Carol Davila Medical School, Bucharest, Romania Volunteer**

### **DRIVING LICENCE**

**Driving Licence: A**

**Driving Licence: B**

## **HOBBIES AND INTERESTS**

**Sports** Mountain biking, enduro motorcycling, tennis, swimming, gym

**Music** Guitar player, piano player

**Fashion**

**Art**