

Europass Curriculum Vitae

Personal information

Name **Martina Mesce**

E-mail **martina.mesce@uniroma1.it**

Nationality **Italian**

Work experience

Dates **October 2022 – November 2023**

Occupation or position held **UNINETTUNO PROFESSOR/TUTOR**

Main activities and responsibilities **Tutor of “Clinical interventions for childhood and adolescence”, SSD M-PSI/07, and “Psychology of social and family relations”, SSD M-PSI/05**

Name and address of employer **International Telematic University Uninettuno, 39, Corso Vittorio Emanuele II, 00186, Rome, Italy**

Type of business or sector **Master’s degree Courses “Cognitive Processes and Technologies – study path: Clinical Psychology of Childhood and Adolescence”**

Dates **February 2020 – April 2021**

Occupation or position held **Scholarship holder**

Name and address of employer **Department of Psychology of Developmental and Socialisation Processes, Faculty of Medicine and Psychology, Sapienza, University of Rome, via dei Marsi 78, Rome, 00185. Responsible: Prof. Eleonora Cannoni, Prof. Dr. Barbara Caravale**

Education and training

Dates **November 2023 – onwards**

Title of qualification **PhD student**

Principal subjects/occupational skills covered **Research project on nociplastic pain: risk factors in subjects with chronic headache, fibromyalgia, and vulvodinia**

Tutor: Professor Federica Gall

Name and type of organization providing education and training **Department of Dynamic and Clinical Psychology, and Health Studies, Faculty of Medicine and Psychology, Sapienza University of Rome**

Dates **September 2019 – November 2021**

Title of qualification awarded **Master’s Degree in “Dynamic Developmental Psychopathology”, with 110/110 cum laude. Thesis entitled: “Social Media and Body Image: an empirical study in a sample of adolescents”**

Principal subjects/occupational skills covered **Psychopathology and dynamic and clinical psychology of the lifespan**

Name and type of organization providing education and training **Department of Dynamic and Clinical Psychology, and Health Studies Faculty of Medicine and Psychology, Sapienza University of Rome**

Dates | January 2021
 Title of qualification awarded | Honors Student
 Principal subjects/occupational skills covered | Data analysis; clinical observations
 Name and type of organization providing education and training | Department of Dynamic and Clinical Psychology, and Health Studies Faculty of Medicine and Psychology, Sapienza University of Rome

Dates | September 2016 – July 2019
 Title of qualification awarded | Bachelor's Degree in "Psychology and Health", with 105/110. Thesis entitled "Transition to Motherhood: Psycho-Neurobiological Correlates"
 Principal subjects/occupational skills covered | Theoretical foundations of general, developmental, social, and labour psychology
 Name and type of organization providing education and training | Department of Dynamic and Clinical Psychology, and Health Studies Faculty of Medicine and Psychology, Sapienza University of Rome

Personal skills and competencies

Mother tongue(s) | **Italian**

Other language

Self-assessment

European level

English

| Understanding | | Speaking | | Writing |
|---------------|---------|--------------------|-------------------|---------|
| Listening | Reading | Spoken interaction | Spoken production | |
| B2 | B2 | B2 | B2 | B2 |

Social skills and competencies | Social skills to cooperate in a team towards different goals about different stakeholders and professionals.
 I have worked in various types of research and professional teams, and I have problem-solving skills and teamwork spirit acquired during the management and implementation of some projects.
 Propensity to work towards objectives and tenacity in completing them. Propensity to teach.

Technical skills and competencies | Training Course for Tutors DSA and BES
 Course recognized by the Ministry of Education according to Ministerial Directive n.170/2016

Computer skills and competencies | European Computer Driving Licence, ECDL: advanced knowledge of Microsoft applications, Internet browsers, and computer operating systems;
 Working knowledge of quantitative data analysis programs: SPSS and JAMOVI

Driving licence | B

Publications

- Ragona A., **Mesce M.**, Cimino S., Cerniglia L. (2023). Motivations, Behaviors and Expectancies of Sexting: The Role of Defensive Strategies and Social Media Addiction in a Sample of Adolescents. *International Journal of Environmental Research and Public Health*, 20(3).1805. <https://doi.org/10.3390/ijerph20031805>
- **Mesce, M.**, Cerniglia, L., & Cimino, S. (2022). Do text messages impact adolescents' sleep? A Narrative Review. *Psychology Hub*, 39(3), 7-16. DOI: 10.13133/2724-2943/17728
- **Mesce, M.**, Ragona, A., Cimino, S., & Cerniglia, L. (2022). The impact of media on children during the COVID-19 pandemic: A narrative review. *Heliyon*, e12489. <https://doi.org/10.1016/j.heliyon.2022.e12489>
- D'Angeli G., **Mesce M.**, Cerniglia L., Cimino S. (2022). Observational Tools Using Video Recordings of Parent-Child Feeding Interactions: A Narrative Review. *Children*, 9(12), 1924. <https://doi.org/10.3390/children9121924>
- **Mesce, M.**, Cerniglia, L., & Cimino, S. (2022). Body Image Concerns: The Impact of Digital Technologies and Psychopathological Risks in a Normative Sample of Adolescents. *Behavioral Sciences*, 12(8), 255. <https://doi.org/10.3390/bs12080255>