

Curriculum Vitae



PERSONAL INFORMATION

Name and Surname Giulia Amicucci
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E-mail giulia.amicucci@uniroma1.it / giulia.amicucci94@gmail.com
Nationality Italian
Date of birth 23/09/1994

EDUCATION AND TRAINING

Period 01/11/2020 - Present
Position PhD Student in PSYCHOLOGY AND COGNITIVE SCIENCE
Name of Institutions "Sapienza" University of Rome (Department of Psychology)

Date of graduation 14/12/2019
Type of degree Master's degree in Applied, Clinical and Health Psychology (Cognitive Neuroscience)
Final degree score 110 cum laude
Honors Thesis "Valutazione degli effetti di cinque notti di restrizione di sonno sull'empatia"
Name of Institutions University of L'Aquila (Department of Biotechnological and Applied Clinical Sciences)

Date of graduation 22/07/2017
Type of degree Bachelor's degree in Applied Psychological Science
Final degree score 110 cum laude
Honors Thesis "Nuove prospettive per la diagnosi precoce dei disturbi dello spettro autistico".
Name of Institutions University of L'Aquila (Department of Biotechnological and Applied Clinical Sciences)

POST-GRADUATE STUDIES

26/09/21- 01/19/21

3rd edition of the ESRS (European Sleep Research Society) Sleep Science School “The Functions of Sleep”

PUBLICATIONS IN *peer-reviewed* INTERNATIONAL JOURNALS

Viselli, L., Salfi, F., D'Atri, A., **Amicucci, G.**, Ferrara, M. (2021). Sleep Quality, Insomnia Symptoms, and Depressive Symptomatology among Italian University Students before and during the Covid-19 Lockdown. *International journal of environmental research and public health*, 18(24), 13346. doi:10.3390/ijerph182413346

Amicucci, G., Salfi, F., D'Atri, A., Viselli, L., Ferrara, M. (2021). The Differential Impact of COVID-19 Lockdown on Sleep Quality, Insomnia, Depression, Stress, and Anxiety among Late Adolescents and Elderly in Italy. *Brain sciences*, 11(10), 1336. doi: 10.3390/brainsci11101336.

Salfi, F., **Amicucci, G.**, Corigliano, D., D'Atri, A., Viselli, L., Tempesta, D., Ferrara, M. (2021). Changes of evening exposure to electronic devices during the COVID-19 lockdown affect the time course of sleep disturbances. *Sleep*, ISSN: 0161-8105, doi: 10.1093/sleep/zsab080

Amicucci, G., Tempesta, D., Salfi, F. D'Atri, A., Viselli, L., De Gennaro, L., Ferrara, M. (2021). The effect of 5 nights of sleep restriction on empathic propensity. *Journal of Sleep Research*, p. 13325-13333, ISSN: 0962-1105, doi: 10.1111/jsr.13325

Salfi, F., Lauriola, M., D'Atri, A., **Amicucci, G.**, Viselli, L., Tempesta, D., Ferrara, M. (2021). Demographic, psychological, chronobiological, and work-related predictors of sleep disturbances during the COVID-19 lockdown in Italy. *Scientific Reports*, vol. 11, ISSN: 2045-2322, doi: 10.1038/s41598-021-90993-y

Salfi F., Lauriola M., **Amicucci G.**, Corigliano D., Viselli L., Tempesta D., Ferrara M. (2020). Gender-related time course of sleep disturbances and psychological symptoms during the COVID-19 lockdown: A longitudinal study on the Italian population. *Neurobiology of Stress*, vol. 13, ISSN: 2352-2895, doi: 10.1016/j.ynstr.2020.100259

PRESENTATION AT NATIONAL CONFERENCES

Amicucci, G., Tempesta, D., Salfi, F. D'Atri, A., Viselli, L., De Gennaro, L., Ferrara, M. (2020) Effetti di 5 notti di restrizione di sonno sull'empatia. Oral Communication; XXX National Congress of the Associazione Italiana di Medicina del Sonno (AIMS); Web Conference.

PROCEEDINGS OF NATIONAL CONGRESS

Salfi F., **Amicucci G.**, Cascioli J., Corigliano D., Viselli L., Tempesta D., Ferrara M. (2020) Il sonno ai tempi del Coronavirus: un'indagine trasversale e longitudinale sul sonno della popolazione italiana durante la pandemia di COVID-19. Symposium “I giovani e la ricerca”; XXX National Congress of the Associazione Italiana di Medicina del Sonno (AIMS); Web Conference.

Salfi F., **Amicucci G.**, Corigliano D., D'Atri A., Viselli L., Tempesta D., Ferrara M. (2020) Impatto dell'esposizione a schermi retroilluminati sul sonno della popolazione italiana durante il lockdown da COVID-19. E-poster; XXX National Congress of the Associazione Italiana di Medicina del Sonno (AIMS); Web Conference.

PROCEEDINGS OF INTERNATIONAL CONGRESS

Salfi F., **Amicucci G.**, Cascioli J., Corigliano D., Viselli L., Tempesta D., Ferrara M. (2020) The impact of home confinement due to COVID-19 pandemic on sleep quality and insomnia symptoms among the Italian population. XXV Congress of the European Sleep Research Society (ESRS); Web Conference

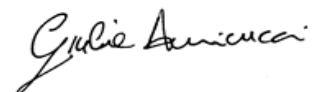
HONORS AND AWARDS

Amicucci G., Dukanovic N., Hauglund N., Kliem F., Salfi F., Viselli L. (2021) "Sleep mediated memory improvement. Synaptic downscaling, glymphatic clearance or both?" Grant Preparation Workshops; 3rd edition of the ESRS (European Sleep Research Society) Sleep Science School "The Functions of Sleep"

PROFESSIONAL AFFILIATION

2021- Present	Student member of the World Sleep Society (WSS)
2021- Present	Student member of the European Sleep Research Society (ESRS)
2020- Present	Student member of the Associazione Italiana di Medicina del Sonno (AIMS)

Dott.ssa Giulia Amicucci*



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